**三类双**侧面

傅伟龙牧训

LLED TO OBD

# ALLED IMBRES

PASTOR POH WEE LONG

As Christians, our calling is to: 身为基督徒,我们的呼召是要:

OBEY IN FAITH 在信心上顺服

OBEY IN HOLINESS 在圣洁上顺服

OBEY IN FAITHFULNESS 在信实上顺服



PASTOR WANG GUANGHAN

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#### 1 SAMUEL 30:1-10 (NIVUK)

David and his men reached Ziklag on the third day. Now the Amalekites had raided the Negev and Ziklag. They had attacked Ziklag and burned it, <sup>2</sup> and had taken captive the women and everyone else in it, both young and old. They killed none of them, but carried them off as they went on their way.



#### 1 SAMUEL 30:1-10 (NIVUK)

<sup>3</sup> When David and his men reached Ziklag, they found it destroyed by fire and their wives and sons and daughters taken captive. 4 So David and his men wept aloud until they had no strength left to weep. 5 David's two wives had been captured - Ahinoam of Jezreel and Abigail, the widow of Nabal of Carmel.



#### 1 SAMUEL 30:1-10 (NIVUK)

David was greatly distressed because the men were talking of stoning him; each one was bitter in spirit because of his sons and daughters. But David found strength in the Lord his God. 7 Then David said to Abiathar the priest, the son of Ahimelek, 'Bring me the ephod.' Abiathar brought it to him,



## 1 SAMUEL 30:1-10 (NIVUK)

8 and David enquired of the Lord, 'Shall I pursue this raiding party? Will I overtake them?' 'Pursue them,' he answered. 'You will certainly overtake them and succeed in the rescue.' 9 David and the six hundred men with him came to the Besor Valley, where some stayed behind.



## 1 SAMUEL 30:1-10 (NIVUK)

Two hundred of them were too exhausted to cross the valley, but David and the other four hundred continued the pursuit.



撒母耳记上 30:1-10 (CUVMPS)

」第三日,大卫和跟随他的人到了洗 革拉。亚玛力人已经侵夺南地,攻破 洗革拉,用火焚烧, 2掳了城内的妇 女和其中的大小人口,却没有杀一个, 都带着走了。3 大卫和跟随他的人到 了那城,不料,城已烧毁,他们的妻 子、儿女都被掳去了。4 大卫和跟随 他的人就放声大哭,直哭得没有气力。



#### 撒母耳记上 30:1-10 (CUVMPS)

5 大卫的两个妻耶斯列人亚希暖和做 过拿八妻的迦密人亚比该,也被掳去 了。<sup>6</sup> 大卫甚是焦急,因众人为自己 的儿女苦恼,说要用石头打死他。大 卫却倚靠耶和华他的神,心里坚固。7 大卫对亚希米勒的儿子祭司亚比亚他 说:"请你将以弗得拿过来。"亚比亚 他就将以弗得拿到大卫面前。



撒母耳记上 30:1-10 (CUVMPS) 8 大卫求问耶和华说:"我追赶敌军,追得上追不上呢?"耶和华说:"你可以追,必追得上,都救得回来。"9 于是,大卫和跟随他的六百人来到比梭溪,有不能前去的就留在那里。10 大卫却带着四百人往前追赶,有二百人疲乏,不能过比梭溪,所以留在那里。



1 SAMUEL 30:6 (NIVUK)

6 David was greatly distressed because the men were talking of stoning him...

撒母耳记上 30:6 (CUVMPS) <sup>6</sup> 大卫甚是焦急,因众人为自己的儿女 苦恼,说要用石头打死他……



How do we keep obeying God when obedience feels heavy?

当顺服感到沉重时,我们如何继续顺服神?



# SURFACE THE CAUSE 找出原因



### A. PHYSICAL EXHAUSTION 身体的疲惫



1 SAMUEL 30:1 (NIVUK) <sup>1</sup> David and his men reached Ziklag on the third day...

撒母耳记上 30:1 (CUVMPS) <sup>1</sup> 第三日,大卫和跟随他的人到了洗革 拉……



A. PHYSICAL EXHAUSTION 身体的疲惫B. MENTAL OVERLOAD 精神的耗竭



#### 1 SAMUEL 30:3 (NIVUK)

<sup>3</sup> When David and his men reached Ziklag, they found it destroyed by fire and their wives and sons and daughters taken captive.

撒母耳记上 30:3 (CUVMPS) 3 大卫和跟随他的人到了那城,不料,城已烧毁,他们的妻子、儿女都被掳去了。



A. PHYSICAL EXHAUSTION

**B. MENTAL OVERLOAD** 

C. EMOTIONAL GRIEF

身体的疲惫 精神的耗竭 情感的哀伤



#### 1 SAMUEL 30:4 (NIVUK)

<sup>4</sup> So David and his men wept aloud until they had no strength left to weep.

#### 撒母耳记上 30:4 (CUVMPS)

4 大卫和跟随他的人就放声大哭,直哭得没有气力。



A. PHYSICAL EXHAUSTION

B. MENTAL OVERLOAD

C. EMOTIONAL GRIEF

D. RELATIONAL PAIN

身体的疲惫

精神的耗竭

情感的哀伤

关系的创伤



1 SAMUEL 30:6 (NIVUK)

6 David was greatly distressed because the men were talking of stoning him...

撒母耳记上 30:6 (CUVMPS) 6大卫甚是焦急,因众人为自己的儿女苦恼,说要用石头打死他……



A. PHYSICAL EXHAUSTION

**B. MENTAL OVERLOAD** 

C. EMOTIONAL GRIEF

D. RELATIONAL PAIN

E. SPIRITUAL SHAKING

身体的疲惫

精神的耗竭

情感的哀伤

关系的创伤

属灵的动摇



1 SAMUEL 30:6 (NIVUK)

David was greatly distressed because the men were talking of stoning him...

撒母耳记上 30:6 (CUVMPS) <sup>6</sup> 大卫甚是焦急,因众人为自己的儿女 苦恼,说要用石头打死他……



## PROVERBS 20:5 (NIVUK)

<sup>5</sup> The purposes of a person's heart are deep waters, but one who has insight draws them out.

箴言 20:5 (CUVMPS) 5 人心怀藏谋略好像深水,唯明哲人才能汲引出来。



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当顺服感到沉重时,我们如何继续顺服神?



# SURFACE THE CAUSE 找出原因



# SEEK OUT GOD 找到神



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6 David was greatly distressed because the men were talking of stoning him; each one was bitter in spirit because of his sons and daughters. But David found strength in the Lord his God.

#### 撒母耳记上 30:6 (CUVMPS)

<sup>6</sup> 大卫甚是焦急,因众人为自己的儿女苦恼,说要用石头打死他。大卫却倚靠 耶和华他的神,心里坚固。



1 SAMUEL 30:7 (NIVUK)

<sup>7</sup> Then David said to Abiathar the priest, the son of Ahimelek, 'Bring me the ephod.' Abiathar brought it to him,

撒母耳记上 30:7 (CUVMPS) 7 大卫对亚希米勒的儿子祭司亚比亚他说:"请你将以弗得拿过来。"亚比亚他就将以弗得拿到大卫面前。



1 SAMUEL 30:8 (NIVUK) <sup>8</sup> and David enquired of the Lord, 'Shall I pursue this raiding party? Will I overtake them?' 'Pursue them,' he answered. 'You will certainly overtake them and succeed in the rescue.'

撒母耳记上 30:8 (CUVMPS) 8 大卫求问耶和华说:"我追赶敌军,追得上追不上呢?"耶和华说:"你可以追, 必追得上,都救得回来。"



#### PSALM 63:1 (NIVUK)

You, God, are my God, earnestly I seek you; I thirst for you, my whole being longs for you, in a dry and parched land where there is no water.

诗篇 63:1 (CUVMPS)

一神啊,你是我的神,我要切切地寻求你! 在干旱疲乏无水之地,我渴想你,我的心切慕你。



The most important thing is not to do what I want, but to wait and hear what God wants.

最重要的不是我行我素, 而是等候并聆听神的心意。



How do we keep obeying God when obedience feels heavy?

当顺服感到沉重时,我们如何继续顺服神?



# SURFACE THE CAUSE 找出原因



## SEEK OUT GOD 找到神



## SERVE GOD AND OTHERS 事奉神和他人



## 1 SAMUEL 30:9-10 (NIVUK)

<sup>9</sup> David and the six hundred men with him came to the Besor Valley, where some stayed behind. <sup>10</sup> Two hundred of them were too exhausted to cross the valley, but David and the other four hundred continued the pursuit.



撒母耳记上 30:9-10 (CUVMPS) 9 于是,大卫和跟随他的六百人来到比梭溪,有不能前去的就留在那里。 10 大卫却带着四百人往前追赶,有二百人疲乏,不能过比梭溪,所以留在那里。





# SURFACE THE CAUSE 找出原因



# SURFACE THE CAUSE 找出原因

SEEK OUT GOD 找到神



## SURFACE THE CAUSE 找出原因

SEEK OUT GOD 找到神

SERVE GOD AND OTHERS 事奉神和他人



JOB 1:21 (NKJV)

<sup>21</sup> ... The Lord gave, and the Lord has taken away; blessed be the name of the Lord."

约伯记 1:21 (CUVMPS) 21 ……赏赐的是耶和华,收取的也是耶和华。耶和华。耶和华的名是应当称颂的!"



## PROVERBS 3:5-6 (NIVUK)

<sup>5</sup> Trust in the Lord with all your heart and lean not on your own understanding; <sup>6</sup> in all your ways submit to him, and he will make your paths straight.

#### 箴言 3:5-6 (CUVMPS)

5 你要专心仰赖耶和华,不可倚靠自己的聪明,6 在你一切所行的事上都要认定他,他必指引你的路。



#### PSALM 84:4-7 (NIVUK)

<sup>4</sup> Blessed are those who dwell in your house; they are ever praising you. 5 Blessed are those whose strength is in whose hearts are set pilgrimage. <sup>6</sup> As they pass through the Valley of Baka, they make it a place of springs; the autumn rains also cover it with pools. 7 They go from strength to strength, till each appears before God in Zion.



诗篇 84:4-7 (CUVMPS) 4 如此住在你殿中的,便为有福!他们仍要赞美你。5 靠你有力量,心中想往锡安大道的,这人便为有福! 6 他们经过流泪谷,叫这谷变为泉源之地,并有秋雨之福盖满了全谷。7 他们行走,力上加力,各人到锡安朝见神。



#### ROMANS 6:23 (NIVUK)

For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.

罗马书 6:23 (CUVMPS) <sup>23</sup> 因为罪的工价乃是死,唯有神的恩赐, 在我们的主基督耶稣里乃是永生。



#### JOHN 14:6 (NIVUK)

<sup>6</sup> Jesus answered, 'I am the way and the truth and the life. No one comes to the Father except through me.

约翰福音 14:6 (CUVMPS) <sup>6</sup> 耶稣说:"我就是道路、真理、生命。 若不借着我,没有人能到父那里去。



#### ROMANS 10:9 (NIVUK)

<sup>9</sup> if you declare with your mouth, 'Jesus is Lord,' and believe in your heart that God raised him from the dead, you will be saved.

#### 罗马书 10:9 (CUVMPS)

<sup>9</sup> 你若口里认耶稣为主,心里信神叫他 从死里复活,就必得救。



## 1 SAMUEL 30:17-20 (NIVUK)

<sup>17</sup> David fought them from dusk until the evening of the next day, and none of them got away, except four hundred young men who rode off on camels and fled. <sup>18</sup> David recovered everything the Amalekites had taken, including his two wives.



### 1 SAMUEL 30:17-20 (NIVUK)

<sup>19</sup> Nothing was missing: young or old, boy or girl, plunder or anything else they had taken. David brought everything back. <sup>20</sup> He took all the flocks and herds, and his men drove them ahead of the other livestock, saying, 'This is David's plunder.'



撒母耳记上 30:17-20 (CUVMPS)

17 大卫从黎明直到次日晚上,击杀他们, 除了四百骑骆驼的少年人之外、没有 一个逃脱的。18 亚玛力人所掳去的财物, 大卫全都夺回,并救回他的两个妻来。 19 凡亚玛力人所掳去的,无论大小、儿 女、财物,大卫都夺回来,没有失落 一个。20 大卫所夺来的牛群羊群,跟 随他的人赶在原有的群畜前边,说: "这是大卫的掠物。"



1 SAMUEL 30:10 (NIVUK)

Two hundred of them were too exhausted to cross the valley, but David and the other four hundred continued the pursuit.

撒母耳记上 30:10 (CUVMPS) 10 大卫却带着四百人往前追赶,有二百人疲乏,不能过比梭溪,所以留在那里。



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