



*Pastor*  
**CHARMAINE CHEONG**



Source: [cruisemapper.com](http://cruisemapper.com)



Source: nsia.no



Source: [chcheli.com](http://chcheli.com)



Source: [usatoday.com](http://usatoday.com)

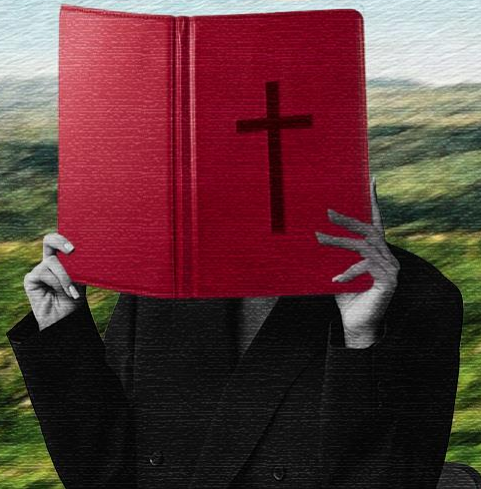


Source: [renown.org](http://renown.org)

## John 16:33 (NIV)

<sup>33</sup> “I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.”

# STORIES OF *Tim*



# CALMING THE STORM

## Mark 4:35-41 (NIV)

<sup>35</sup> That day when evening came, he said to his disciples, “Let us go over to the other side.” <sup>36</sup> Leaving the crowd behind, they took him along, just as he was, in the boat. There were also other boats with him. <sup>37</sup> A furious squall came up, and the waves broke over the boat, so that it was nearly swamped.

## Mark 4:35-41 (NIV)

**38** Jesus was in the stern, sleeping on a cushion. The disciples woke him and said to him, “Teacher, don’t you care if we drown?”

**39** He got up, rebuked the wind and said to the waves, “Quiet! Be still!” Then the wind died down and it was completely calm. **40**

He said to his disciples, “Why are you so afraid? Do you still have no faith?”

## Mark 4:35-41 (NIV)

<sup>41</sup> They were terrified and asked each other, “Who is this? Even the wind and the waves obey him!”

## Mark 4:37 (NIV)

<sup>37</sup> A **furious squall** came up, and the waves broke over the boat, so that it was nearly swamped



Source: etsy.com



Source: [renown.org](http://renown.org)

Storms in life can mess us up  
but we can find rest in Jesus.

3 truths to calm the storms within:

**GOD WILL MAKE A WAY**

YOU ARE DOOMED!

Mark 4:38 (NIV)

<sup>38</sup> ...“Teacher, don’t you care if we **drown**?”

- Assignments piling up and deadlines are getting closer.

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- Studying hard yet not understanding anything.

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- Assignments piling up and deadlines are getting closer.
- Studying hard yet not understanding anything.
- Financial crisis.
- Sudden deterioration in the health of a loved one.
- Physical pain, with competitions coming up.
- Relationship issues.

## Mark 4:39 (NIV)

<sup>39</sup> He got up, rebuked the wind and said to the waves, “Quiet! Be still!” Then the wind died down and it was completely calm.

## Mark 4:38 (NIV)

<sup>38</sup> ...The disciples woke him and said to him, “Teacher, don’t you care if we drown?”

## Psalm 34:17 (ESV)

<sup>17</sup> When the righteous **cry for help**, the LORD hears and **delivers** them out of all their troubles.

## Psalm 107:19 (ESV)

<sup>19</sup> Then they **cried to the LORD** in their trouble, and He **delivered** them from their distress.

What if?



Source: [nadiathonnard.com](http://nadiathonnard.com)

## Mark 4:41 (NIV)

<sup>41</sup> They were terrified and asked each other, “**Who is this?** Even the wind and the waves obey him!”

## Isaiah 43:19 (NIV)

<sup>19</sup> See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland.

Rest isn't the absence of  
chaos; it's the quiet confidence  
that God will make a way,  
no matter the weather.

3 truths to calm the storms within:

**GOD WILL MAKE A WAY**

**GOD WILL MAKE A WAY**  
CRY OUT TO HIM

GOD IS WITH YOU

If You care for me,  
why am I going through this?

If You care for me,  
why am I going through this?

If You love me, why am I so stressed?

If You care for me,  
why am I going through this?

If You love me, why am I so stressed?

If You are good, why am I suffering?

If You care for me,  
why am I going through this?

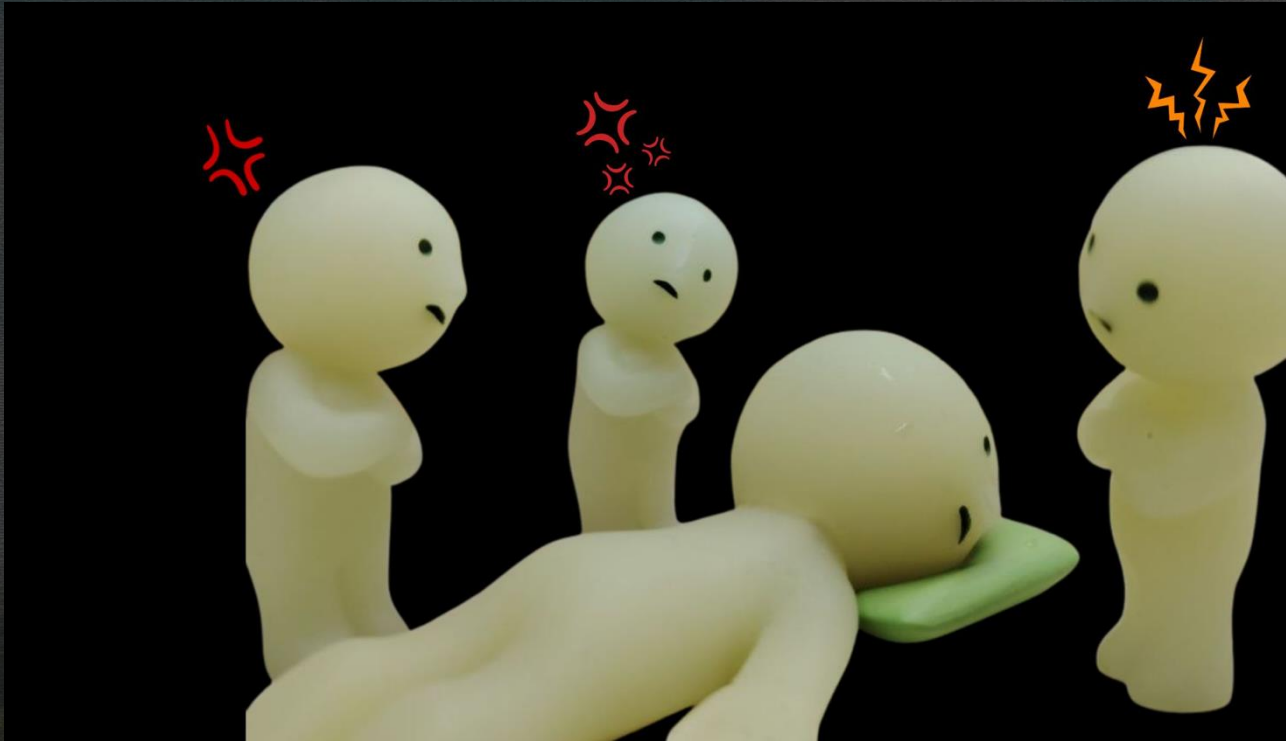
If You love me, why am I so stressed?

If You are good, why am I suffering?

Why does it feel like You are silent?

## Mark 4:38 (NIV)

<sup>38</sup> Jesus was in the stern, sleeping on a cushion. The disciples woke him and said to him, “Teacher, **don’t you care** if we drown?”



Source: Canva AI

Jesus never promised us a storm-free life  
but He did promise us a presence-filled life.

## Deuteronomy 31:8 (NIV)

<sup>8</sup> The LORD himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged.”

## Psalm 23:4 (NLT)

4 Even when I walk through the darkest valley, I will not be afraid, for you are close beside me. Your rod and your staff protect and comfort me.

## Isaiah 41:10 (NLT)

<sup>10</sup> Don't be afraid, for I am with you. Don't be discouraged, for I am your God. I will strengthen you and help you. I will hold you up with my victorious right hand.

**STAY CLOSE TO GOD**

# STAY CLOSE TO GOD

- Pray

# STAY CLOSE TO GOD

- Pray
- Read His word

# STAY CLOSE TO GOD

- Pray
- Read His word
- Listen to worship songs

# STAY CLOSE TO GOD

- Pray
- Read His word
- Listen to worship songs
- Be connected to a Godly community

## 1 Peter 5:7 (NIV)

<sup>7</sup> Cast all your anxiety on him because he cares for you.

3 truths to calm the storms within:

**GOD WILL MAKE A WAY**

**GOD WILL MAKE A WAY**  
CRY OUT TO HIM

**GOD IS WITH YOU**

**GOD IS WITH YOU**  
STAY CLOSE TO HIM

**GOD'S PURPOSES  
WILL PREVAIL**

## Romans 8:28 (NIV)

<sup>28</sup> And we know that in **all things** God works for the good of those who love him, who[a] have been called according to his purpose.

## Mark 4:35 (NIV)

<sup>35</sup> That day when evening came, he said to his disciples, “Let us go over to the other side.

## Mark 4:39 (NIV)

<sup>39</sup> He got up, rebuked the wind and said to the waves, “Quiet! Be still!” ..

## Mark 4:40 (NIV)

<sup>40</sup> He said to his disciples, “Why are you so afraid? Do you still have no faith?”

You don't fully know that  
God is your peace until anxiety hits.

You don't fully know that  
God is your peace until anxiety hits.

You don't fully know that  
God is your provider until you experience lack.

You don't fully know that  
God is your peace until anxiety hits.

You don't fully know that  
God is your provider until you experience lack.

You don't fully know that  
God is your strength until you feel weak.

## Romans 8:28 (NIV)

<sup>28</sup> And we know that in all things God works for the good of those who love him, who have been called according to his purpose.

## Mark 4:35 (NIV)

<sup>35</sup> That day when evening came, he said to his disciples, “Let us go over to the other side.”

## Isaiah 55:8-9 (NIV)

<sup>8</sup> “For my thoughts are not your thoughts, neither are your ways my ways,” declares the LORD. <sup>9</sup> “As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts.

3 truths to calm the storms within:

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**GOD WILL MAKE A WAY**  
CRY OUT TO HIM

3 truths to calm the storms within:

**GOD WILL MAKE A WAY**

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STAY CLOSE TO HIM

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STAY CLOSE TO HIM

**GOD'S PURPOSES WILL PREVAIL**

TRUST HIS WAYS



# JESUS, STRONG AND KIND

Jesus said that if I fear  
I should come to Him  
No one else can be my shield  
I should come to Him

For the Lord is good and faithful  
He will keep us day and night  
We can always run to Jesus  
Jesus, strong and kind

## John 16:33 (NIV)

<sup>33</sup> “I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.”

## Psalm 16:11 (NIV)

<sup>11</sup> You make known to me the path of life;  
you will fill me with joy in your presence,  
with eternal pleasures at your right hand.

## Romans 6:23 (NIV)

<sup>23</sup> For the wages of sin is death...

## John 3:16-17 (NIV)

<sup>16</sup> For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.

<sup>17</sup> For God did not send his Son into the world to condemn the world, but to save the world through him.

## 1 Peter 5:6-7 (NIV)

<sup>6</sup> Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time. <sup>7</sup> Cast all your anxiety on him because he cares for you.

# STORIES OF *Tim*

