

# I is for Immanuel

## What's scary?



Share with your mummy and daddy what is something that scares you. It could be being afraid of falling sick, or being alone in the dark.

What is one way you want Jesus to help you when you are afraid?

Pray together to remember that Jesus is Immanuel, God with you always!

## Jesus is in our boat!

Use cushions and pillows to build a boat on the floor and sit on the middle of the pile with your family.

Rock back and forth like there's a huge storm! You can make different sound effects for the crashing waves, howling wind and loud thunder!

Have someone say, "Jesus is with us! He can stop the storm!"

Then stop and be completely still. Thank and praise Jesus for stopping the storm!



# Ready? Action!

This is a simple but powerful story to remember that Jesus is Immanuel, God with us. Watch the video again to remember the actions, and your mummy and daddy can read the lines and you repeat it with the actions.

One day, Jesus and His friends got into a boat

And started to sail across the lake

Suddenly a huge storm came up

The wind began to blow

The waves got bigger and bigger and bigger

And the waves were crashing into the boat and it was going to sink!

But where was Jesus?

He was asleep at the end of the boat!

Jesus' friends shouted, "Wake up Jesus! We're going to die! Don't you care?"

Jesus stood up and He said to the wind, "Be still!"

And He said to the waves, "Be calm!"

And the wind was still and the waves were calm

Jesus asked, "Why were you afraid?"

"Don't you have faith in me?"

His friends were scared - who is this man?

That even the wind and the waves obey Him!

