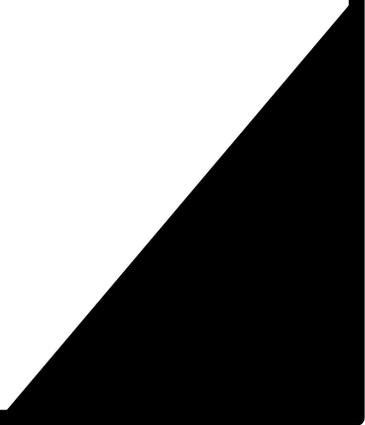
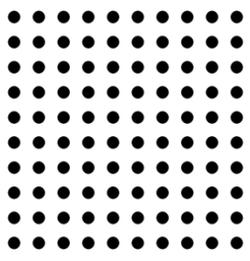


YOUTH HOST

Handbook



The background of the image is a detailed topographic map with numerous contour lines of varying thickness and spacing, creating a complex, wavy pattern. The lines are light gray and set against a white background. In the center of the image, the word "NAME" is written in a large, bold, black, sans-serif font. The word is flanked by two horizontal black lines, one on the left and one on the right, which extend slightly beyond the width of the letters. The overall composition is centered and minimalist.

— NAME —

WHEN DO YOU USE
LIFE QUESTIONS
OR **LIFE 101**



LIFE QUESTIONS

is for pre-believers who would like to know more about the Christian faith.

If your friend / your cell member's friend came for a harvest event and did not accept Christ but says he / she would like to know more about the Christian faith, then you should start with Life Questions.

Life

**AS YOU FAITHFULLY AND PRAYERFULLY SHARE ABOUT CHRISTIAN FAITH,
WE HOPE THAT SEEDS WOULD BE SOWN AND SOMEDAY SOON,
THE PRE-BELIEVER WOULD COME TO SALVATION.**



John 3:8 (CEV) Only God's Spirit gives new life. The Spirit is like the wind that blows wherever it wants to. You can hear the wind, but you don't know where it comes from or where it is going.

- In a hostile world that demands proof of our God, remember that God has declared that He is like wind, impossible for anyone to conjure. Yet, His moves are distinctively recognisable and points to the reality of His existence. The proof is in the experience at a personal relationship with Him.
- One hindrance of the modernity is the overload of information. Fact and fiction can become confused eg Jesus could be mistaken as some mythological character in the ancient world when He is in fact someone who had lived upon this earth historically.
- People base their beliefs on arguments such as evolution as these have been well circulated in schools and remain ignorant of the wonderful and amazing facts about the created world we live, pointing to a Creator of it all.
- Let the Holy Spirit's presence bring forth new life in the friends you are reaching out to. He is like wind and surely will show up when you serve Him

John 20:28 (CEV) Jesus said,
“Thomas, do you have faith because you have seen me? The people who have faith in me without seeing me are the ones who are really blessed!”



LIFE 101

is for follow-up of
believers who are
new in their faith.

If your friend / your cell member's friend has said the salvation prayer and trusted in Jesus, start with Life 101. Life 101 is all about knowing God, who is Spirit.

John 3:3 (NIV) Jesus replied, "Very truly I tell you, no one can see the kingdom of God unless they are born again."

Our 1st birth is when we were physically birthed in this world. We all know our birthdays and date of birth.

The 2nd birth referred here is the Spiritual birth, the day and moment you confessed you are a sinner, repented of your sins and asked Jesus to be your Saviour, you are born spiritually into God's Kingdom.



When someone is born again, their spirit being and senses, the ability to hear and be guided by God, comes alive because the Holy Spirit starts to indwell the person to bring forth new spiritual life.

Your role in guiding your friends / cell member's friend in growing in their faith is to help them connect to having a relationship with Jesus through having a daily devotional time.

New believers sometimes aren't able to come to church immediately as their schedules are blocked up or they face parental objection. Your follow-up with them in school is to help them start walking with God so that the evil one would not snatch away their faith and doubts start to overwhelm them, see Mark 4: 15.

Overview

LIFE QUESTIONS

SESSION TOPIC

WHO AM I?

- (i) God our intelligent designer
- (ii) Vastness of the Universe
- (iii) We all have a creator and a created purpose

WHY DO I NEED A SAVIOUR?

- (i) The ROOT of the problem
(Problem of sin)
- (ii) We all need the Saviour
- (iii) You can trust in Jesus as
your Saviour

Overview

LIFE QUESTIONS

SESSION TOPIC

WHO IS JESUS?

- (i) Who is Jesus Christ?
- (ii) Jesus fulfilled prophecies in the old testament
- (iii) Jesus is God
- (iv) Jesus, the only way to eternal life

STRUCTURE OF LIFE QUESTION SESSION

The components of each session are as follows:

INTRODUCTION:

To bring in the topic. Could be in the form of Discussion/Activity

INSPIRATION:

To bring in the truths of God.

INVITATION:

To bring the buddy to a point of response or application of the truths.

Consists of three parts:

PROCESS: To give a summary to the session and drive across the key point(s) of the session. This may include personal sharing from the host.

PRAY: To pray for the buddy, in the area of their felt needs or to lead them through the salvation prayer. It is good to always end off the session praying for the buddy and blessing him. You can seek God for a word of knowledge during your time of preparation and release it over your buddy.

FLAM: To make arrangements for the next session. Fix the day, the time and the venue.

Overview

LIFE 101

SESSION TOPIC

HOW TO RECEIVE THE GIFT OF LIFE?

- (i) Understanding Grace (God's work) and Faith (our response)
- (ii) Eternal life defined
- (iii) Live out God's Dream for your life!

HOW TO KNOW GOD?

- LISTENING TO GOD

- (i) God speaks to you through the Bible
- (ii) How to have daily devotion time
- (iii) God speaks to you in your heart

Overview

LIFE 101

SESSION TOPIC

HOW TO KNOW GOD?

- SPEAKING TO GOD

- (i) How to pray – P.A.R.T. prayer format
- (ii) How God answers your prayers
- (iii) Importance of Giving Thanks to God!

HOW TO FOLLOW JESUS?

- BECOMING CHRIST-LIKE

- (i) Sin nature and the law
- (ii) Becoming Christ-like
- (iii) Important growth areas as Christians

▪ **DAILY DEVOTIONAL** ▪ **CELL LIFE** ▪ **EQUIPPING**

- When you have finished these 4 sessions and if your friend is still unchurched, you could either do Life Questions or start your friend on reading LifeClass devotional.

HOW ARE LIFE'S QUESTIONS & LIFE 101 CONDUCTED?

1

This is conducted in small group of 2 to 3 persons.

2

The one leading is the host and the attendees (new convert, or rededication or those who want to know more) are the buddies.

3

This is conducted before or after school or during break time.

4

Weekly for 3 - 7 weeks, about 30 minutes per session.

Beyond the materials, it is important for you to show **CARE** to your buddy. People don't care about how much you know as much as they want to know how much you care. You care for your buddy according to the C.A.R.E. principles.

COMMITMENT

Commitment means your buddy is a priority to you. It means you are interested in him and his well being. It means you will make time and the effort to be a host.

THERE ARE A FEW IMPORTANT THINGS YOU NEED TO DO AS AN ACT OF COMMITMENT TO YOUR BUDDY:

- 1** Contact him/her in the midweek, each week, just to find out how he is doing and if he has any prayer needs.
- 2** Be prepared for each session by having prayerfully and thoughtfully read through the lesson for the week.
- 3** Pray for the session before you meet.
- 4** Pray for him regularly.

AUTHENTICITY

Be real. Be true. Just be you. In hosting, you do best by just sharing honestly about who you are, what you have and have not attained, and what you are aiming at.

Share about your strengths, your weaknesses, your successes, your setbacks, your wisdom and your follies, your defeats and your rebounds, your trials and your triumphs, your joys and your pains.



Another important way to be real with your hostess is by applying to yourself afresh the truths dealt with in Life Questions and Life 101. In other words, prepare each lesson for both your buddy and yourself.



Remember how much your buddy decides to open up to you is dependent on how much you open up to him.

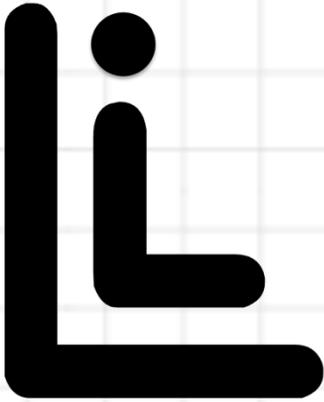
REMEMBERING

Remember your buddy in your prayers.
Pray for his spiritual growth.
Pray for God's protection.
Pray for his needs.

Remember important details about your buddy and what he shares. So this also requires for you to be a good listener.

ENCOURAGEMENT

Affirm him and celebrate his strengths and achievements. When weaknesses and failures come, accept him and help him to be positive. When he goes through difficult times, stand by him. When he is slow in responding to God, be patient with him.



LIFE QUESTIONS



Content

SESSION TOPIC	DATE CONDUCTED
WHO AM I?	
WHY DO I NEED A SAVIOUR?	
WHO IS JESUS CHRIST?	

SESSION 1

WHO AM I?

INTRODUCE



LOOK AT THIS OBJECT. IT LOOKS LIKE A BALL AND IS FILLED WITH AIR, SO LET'S NAME IT 'AIRBALL'.

GET YOUR BUDDY TO GOOGLE TO FIND THE ANSWER

WHAT DO YOU THINK THIS OBJECT(AIRBALL) IS?

THE OBJECT IS A

FLOAT BALL

AS A BALLCOCK

IT IS DESIGNED FOR

TOILET CISTERNS

Google

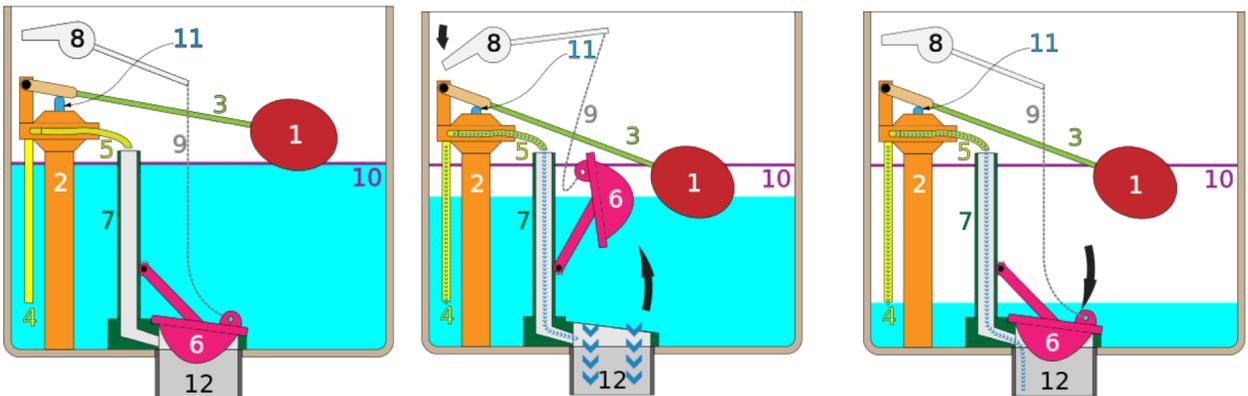
"Jose Antonio de Alzate y Ramirez" the creator of this object (add two words 'ball' & 'float' to find the wiki article) and you would discover what Airball is.

FURTHER INFORMATION ON A BALLCOCK:

(For you to share with your buddy)

A ballcock (also balltap or float valve) is a [mechanism](#) for filling water tanks, such as those found in [flush toilets](#), while avoiding overflow. It consists of a [valve](#) connected to a hollow sealed [float](#) by means of a [lever](#), mounted near the top of the tank. The float is often ball-shaped, whence the name *ballcock*. When the water level rises, the float rises with it; once it rises to a pre-set level, the mechanism forces the lever to close the valve and shut off the water flow.

A traditional gravity toilet tank



The handle is pressed and the flush cycle begins.

The flapper has closed, and the tank refills within seconds.

1. float, 2. fill valve, 3. lift arm, 4. tank fill tube, 5. bowl fill tube, 6. flush valve flapper, 7. overflow tube, 8. flush handle, 9. chain, 10. fill line, 11. fill valve shaft, 12. flush tube

WE'VE SOLVED AIRBALL'S IDENTITY. NOW LET'S SOLVE YOUR IDENTITY.

WHO ARE YOU? DO YOU HAVE A CREATOR AS WELL?

Would you like to think deeper into your identity and purpose in life?

GIVE YOUR BUDDY TIME TO RESPOND TO THE QUESTIONS BELOW.

I AM A _____

I AM DESIGNED FOR _____

SHARE: ONLY THE CREATOR OF AIRBALL CAN TELL IT WHAT IT IS ACTUALLY. SIMILARLY, ONLY OUR CREATOR CAN TELL US WHAT OUR UNIQUE PURPOSE OR IDENTITY IS.

Whether you know it or not, we all have a unique identity in life. And we all have a creator who is able to reveal to us our identity and our purpose.

INSPIRATION

READ PSALM 139:13-14 TOGETHER. SHARE THE MAIN IDEA OF THE VERSE.

GOD OUR INTELLIGENT DESIGNER

In Psalm 139:13-14 (NIV), the author, King David, wrote with reference to his Creator, these verses:

*F*or you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.

EVERY INDIVIDUAL IS UNIQUELY CREATED BY GOD. EVERY INTRICATE DETAIL OF OUR BODY IS DESIGNED BY THE CREATOR FOR A UNIQUE PURPOSE. ONE CLEAR EXAMPLE IS HOW OUR FINGERPRINTS ARE SO DIFFERENT. IN THE ENTIRE WORLD, THERE ARE NO TWO FINGERPRINTS THAT ARE IDENTICAL.



TAKE A CLOSER LOOK AT OUR HUMAN BODY. DO YOU WANT TO GUESS THE PURPOSE OF THE PARTS OF OUR BODIES?

GET YOUR FRIEND TO DISCUSS THE PURPOSE OF THE RESPECTIVE BODY PART.

PURPOSE OF OUR TOES: FOR BALANCING

PURPOSE OF OUR FINGERNAILS: TO PROTECT THE FAR ENDS OF OUR FINGERS.

PURPOSE OF OUR NOSE HAIR: TO KEEP US FROM INHALING IMPURITIES AND DIRT.

POINT OUT TO YOUR FRIEND THIS TRUTH.

IS'NT IT AMAZING? THAT THE SEEMINGLY INSIGNIFICANT PARTS OF BODIES SUCH AS OUR TOES, FINGERNAILS, NOSE HAIR, ARE ALL PURPOSEFULLY DESIGNED. THIS TELLS US THAT NOTHING IS CREATED BY MISTAKE. WE ARE NOT A MISTAKE.

YOU CAN ALSO GET YOUR FRIEND TO SHARE IF HE/SHE HAS EVER HATED ANY PART OF HIMSELF/HERSELF AND EVER FELT LIKE HE/SHE IS A MISTAKE.

OUR HUMAN BODY IS AMAZING AND WONDERFULLY CREATED.

Each human body has an average of 37.2 TRILLION human cells, with various organs and cells for various functions.

And all these all points to the existence of a Creator God who designed all of life intelligently!

[VASTNESS OF THE UNIVERSE]

Take a look up into the skies above.

How big is the entire known universe?

It's 8.8×10^{23} or 880,000 Trillion KM.

Planet earth is in the galaxy known as the Milky Way and there are at least another

2 trillion galaxies in the observable universe out there!

WHAT IS A TRILLION ACTUALLY?

A MILLION MILLION MILLION



SHARE ABOUT HOW PLANET EARTH IS DESIGNED TO BE IN A PRECISE POSITION IN ORDER TO SUPPORT LIFE.

Let's turn our attention to Planet Earth.

EARTH IS PLACED PERFECTLY IN THE SOLAR SYSTEM AND THE GALAXY TO SUPPORT LIFE

Living things need water occurring naturally in its liquid form. That means a planet needs to be close enough to its sun so water doesn't freeze (like the ice caps on Mars) and it cannot be too close to the sun so that water remains as vapor.

IF OUR EARTH WAS JUST 5% CLOSER TO OUR SUN, ALL THE WATER WOULD TURN TO GAS, CREATING A MASSIVE GREENHOUSE EFFECT AND BURNING UP ALL LIFE. AND IF IT WAS 20% FURTHER AWAY FROM THE SUN, ALL THE WATER WOULD BECOME ICE, CARBON DIOXIDE CLOUDS WOULD FORM, AND NOT ENOUGH SUNLIGHT WOULD REACH THE LAND.

ASK YOUR BUDDY TO READ ISAIAH 42:5. SHARE WITH YOUR BUDDY THAT THE GOD OF THE BIBLE HAS DECLARED THAT HE IS THE CREATOR AND THAT HE MADE IT ALL.

Isaiah 42:5 (CEV) I am the Lord, God. I created the heavens like an open tent above. I made the earth and everything that grows on it. I am the source of life for all who live on this earth, so listen to what I say.

FOLLOW ON WITH AMAZING FACTS ON ANIMALS THAT MAKES THEM WONDERFULLY CREATED AND POINTS TOWARDS THE EXISTENCE OF GOD THE CREATOR.

EVEN THE ANIMALS HAVE A UNIQUE DESIGN THAT POINTS TO A CREATOR WHO THOUGHT THROUGH THEIR DESIGN. THIS CREATOR IS NONE OTHER THAN THE GOD OF THE BIBLE.

- The eagle flies at the speed of 32 – 96km/h and dives at a speed of 160km/h? Our fastest man Usain Bolt runs at a speed of 44.72km/h for the 100m sprint. Eagles could also spot a rabbit from a height of 3.2km above in the skies.
- Dogs like the Bloodhound has 300 million scent receptors whereas a human has 5 million scent receptors.

INVITATION

(TO ELICIT A RESPONSE OR APPLICATION)

LIFE IS AMAZING BECAUSE IT ALL POINTS TO A GREAT CREATOR WHO MADE IT ALL!
ONLY THE CREATOR KNOWS THE DESIGN AND THE PURPOSE FOR EACH OF HIS CREATION.

WE ALL HAVE A CREATOR AND A CREATED PURPOSE



WHAT WOULD HAPPEN TO AIRBALL IF IT NEVER KNEW THE PURPOSE IT WAS CREATED FOR?

ANSWER: IT MAY BE SEEN AS USELESS OR UNDERUSED FOR OTHER PURPOSES. (DRIVE ACROSS THE POINT THAT ONLY THE CREATOR OF AIRBALL WILL KNOW WHAT IT IS CREATED FOR.)

Only the creator of the airball will know it's created purpose and ensure that the airball fulfills that purpose it is created for.

Similarly, we may feel that life is meaningless and we are often searching for the purpose of our life.

But until we know our creator, God,
we will not know the purpose we are created for.

PROCESS:

SHARE WITH YOUR BUDDY THAT WE WILL NOT KNOW THE PURPOSE WE ARE CREATED FOR UNTIL WE KNOW THE CREATOR GOD, WHO CREATED US. ASK YOUR BUDDY TO SHARE IF HE/SHE HAS EVER FELT THAT LIFE WAS MEANINGLESS OR WONDERED WHAT THEIR LIFE IS ALL ABOUT.

SHARE BRIEFLY AFTER YOU KNOW GOD,
HOW YOU FOUND MEANING IN YOUR LIFE.

WHAT IS YOUR RESPONSE TODAY AS YOU LEARN ABOUT GOD THE CREATOR AND THAT YOU HAVE A

Created purpose?

ASK THE BUDDY FOR HIS / HER RESPONSE ABOUT WHAT WAS SHARED
SO FAR ABOUT THE CREATOR AND OUR CREATED PURPOSE.

PRAY:

IF THERE IS AN OPPORTUNITY, YOU CAN ASK FURTHER IF HE/SHE IS KEEN TO KNOW HIS/HER CREATED PURPOSE AND THIS CREATOR WHO ALONE KNOWS OUR CREATED PURPOSE. IF YES, OFFER TO PRAY FOR THEM TO KNOW GOD, THE CREATOR AND PRAY FOR THEM TO KNOW THE PURPOSE OF THEIR LIFE, THROUGH THE PERSPECTIVE OF GOD.

SUMMARISE TO SAY THAT WE ARE ALL FEARFULLY AND WONDERFULLY MADE BECAUSE OUR CREATOR IS NOT ONLY HIGHLY INTELLIGENT, GOD ALSO LOVES (NAME OF PRE-BELIEVER).

ASK IF THERE IS ANY AREAS TO PRAY FOR HIM / HER (AREAS PERTAINING TO FEARS, FRUSTRATIONS, UNHAPPINESS, STRESS ETC). PRAY FOR HIM / HER.

PLAN:

ARRANGE TO MEET AGAIN NEXT WEEK ON THE SESSION
'WHY DO I NEED A SAVIOUR?'

SESSION 2

WHY DO I NEED A SAVIOUR?

INTRODUCTION

CONSIDER THIS:

How would life be like if most of your classmates stole from the others and got away with it because the teachers just taught their subjects and did not bother about teaching what is right or wrong?

SOME POSSIBLE RESPONSES: HIGH MISTRUST, GUARDED, A FEW MORE STUDENTS MAY DECIDE TO START STEALING AS WELL SINCE THEY COULD GET AWAY WITH THAT, THE THIEVES GET BOLDER AND OUTRIGHT EXHORT OTHERS FOR MONEY, GANGS FORM UP SO THAT THEY CAN BE MORE EFFECTIVE EG COLLECTING PROTECTION MONEY FROM THE REST. GENERALLY, IT'S A DOWNWARD SPIRAL IN THE AREA OF MORALITY)

ISSUES SUCH AS

bullying

abortion

STEALING

ANGER

Lying

pornography

CHEATING

VIOLENCE

ARE HAPPENING IN SCHOOL. HAVE YOU SEEN IT?

START BY SHARING WHAT YOU OBSERVED IN YOUR SCHOOL. ENCOURAGE BUDDY TO SHARE WHAT HE OBSERVED OR PERSONALLY EXPERIENCED IN SCHOOL.

In schools, we see such things happening everywhere. Maybe you might even have witnessed or experienced such situations personally.

Just imagine whenever that happens, and your school authorities do not address them, as they are just focused on teaching the subject content, such as English, Mathematics, Science.

What would the school be like?

GET A QUICK RESPONSE FROM YOUR BUDDY.

In fact, this is happening more and more in the West, where teachers now focus on their subject content and do not need to address issues of morality. Can you imagine, what will the society be like as a result of that?

GET A QUICK RESPONSE FROM YOUR BUDDY.

WHAT ABOUT US? ARE WE JUST CAUGHT UP WITH PURSUING GRADES THAT WE HAVE NEGLECTED WHAT IS MORE IMPORTANT, WHICH IS OUR

Moral Character?

ENCOURAGE SHARING ON THIS. USE THE SHARING AS A BRIDGE INTO THE INSPIRATION PORTION. YOU CAN SAY, "SOMETIMES WE ARE SO BUSY WITH SCHOOL AND OUR GRADES THAT WE NEGLECT THE MORE IMPORTANT ISSUES IN LIFE, SUCH AS THE STATE OF OUR CHARACTER AND MORAL ISSUES IN THE SOCIETY. LET US FIND OUT MORE ABOUT THE ROOT OF THE PROBLEM

INSPIRATION

THE ROOT OF THE PROBLEM

At this point in time, you may have come to a realisation that Mankind can be rather messed up. Our natural moral tendency is a downward spiral: from being lazy, to being rude, to being rebellious, to all sorts of evil. Studying more and better grades would not cure us of the evil within.

Within all of us, we have a tendency to sin.

If you could recall, how old were you when you started telling lies? Were you taught to lie or was lying somewhat a natural thing to do to get yourself out of trouble or impress others?

ALLOW YOUR BUDDY TO SHARE ON THIS. FINALLY LEAD THE SHARING TO THE POINT THAT SIN IS INBORN IN US

This best shows us that sin is something that is innate in us and we do not even need to be taught how to sin



WHAT IS SIN? THERE ARE TWO TERMS IN THE BIBLE THAT EXPLAINS THE IDEA OF SIN. THEY ARE 'SIN' AND 'SINS'. 'SIN' IS A 'ROOT' WORD AND 'SINS' IS A 'FRUIT' WORD.



For example, an apple tree bears apples (the fruit) because of its nature (the root). We do not find an apple tree producing pears.



THIS IS ALSO TRUE WITH THE PROBLEM OF SIN IN OUR LIVES. WE COMMIT SINS (THE FRUIT) BECAUSE WE HAVE IN US A SIN NATURE, WHICH IS INBORN IN US. PAUL TALKS ABOUT 'SINS' AND 'SIN' IN HIS LETTER TO THE **ROMANS**.

'Blessed are they whose transgressions are forgiven, whose **sins** are covered.'

Romans 4:7 (NIV)

("Sins" refers to the fruit)

'Therefore do not let **sin** reign in your mortal body so that you obey its evil desires'

Romans 6:12 (NIV)

("Sin" refers to the root)

READ THESE VERSES TOGETHER WITH YOUR BUDDY.

THE PROBLEM OF SIN IN MAN IS NOT PRIMARILY RELATED TO THE FRUIT IN HIS LIFE, THE PROBLEM IS AT THE ROOT OF HIS LIFE. HE HAS A SIN PROBLEM. TO DEAL WITH THE SINS PROBLEM, YOU MUST FIRST DEAL WITH THE SIN PROBLEM.



Notice that for the word 'Sin', "I" is at the centre of it.

YOU CAN WRITE OUT THE WORD "SIN" ON A PAPER TO ILLUSTRATE THAT THE LETTER "I" IS IN THE CENTRE.

Similarly, sin is a condition in which we declare ourselves as the kings and masters of our own lives. It is a condition in which the 'self' takes the central place in our lives, instead of God.

**SIN**

DRAW A CROWN ABOVE THE LETTER "I" TO THIS.

TO DEAL WITH THIS ROOT AND SIN PROBLEM, YOU MUST DETHRONE YOURSELF AND LET GOD BE THE KING AND MASTER OF YOUR LIFE.

WE ALL NEED THE SAVIOUR

Take a moment and do a self-examination in the area of sin. Tick ✓ all that applies to yourself in the boxes:

- | | |
|--|---|
| <input type="checkbox"/> LYING | <input type="checkbox"/> SELFISHNESS |
| <input type="checkbox"/> CURSING & SWEARING | <input type="checkbox"/> INSECURITIES/
SELF-IMAGE ISSUES |
| <input type="checkbox"/> VIOLENT/
BULLY | <input type="checkbox"/> SHOPLIFTING &
STEALING |
| <input type="checkbox"/> GOSSIPING,
BACKSTABBING | <input type="checkbox"/> ADDICTIONS SUCH
AS GAMING |
| <input type="checkbox"/> BAD TEMPERED | <input type="checkbox"/> SEXUAL STRUGGLES |
| <input type="checkbox"/> DEPRESSION | <input type="checkbox"/> SELF-HARM |
| <input type="checkbox"/> VICTIM OF
ABUSE/BULLYING
(Verbal, Physical) | <input type="checkbox"/> OTHERS: |

YOU AND YOUR BUDDY CAN PRIVATELY IDENTIFY MORAL ISSUES YOU STRUGGLE / HAD STRUGGLED WITH IN THE BOXES. IF YOUR BUDDY IS COMFORTABLE TO SHARE, YOU CAN ENCOURAGE HIM TO SHARE WITH YOU. YOU CAN ALSO SHARE YOUR RESPONSE FIRST.

Chances are you would have ticked at least one of the boxes. Why?
Because all of us are prone to sin, as a result of our sin nature.

If you do not know Jesus as the Saviour of your sins, the inborn sin nature dominates your nature (beliefs, thinking and actions) so that issues of sin come into play every now and then, just like all the areas you had ticked ✓!

**ROMANS 3:23 (CEV) ALL OF US HAVE SINNED
AND FALLEN SHORT OF GOD'S GLORY.**

READ THE VERSE TOGETHER WITH YOUR BUDDY. HIGHLIGHT THAT ALL OF US HAVE SINNED AND WE NEED HELP. THAT IS WHY WE ALL NEED A SAVIOUR. THE GOOD NEWS IS JESUS CAME TO SAVE US OF OUR SINS.

SIN

is a giant problem in all our lives. Sin brings **GUILT** and a sense of **DEFEAT** in us. But God has sent His son Jesus Christ to deal with our sins on the cross. And this means that we can be set free from the guilt and defeat caused by sin. In fact, this is the only way for us to be set free from the bondages of sin, that is why, we all need the saviour.

**TODAY, IF WE KNOW JESUS AS THE SAVIOUR OF OUR SINS, GOD HAS SET
US FREE FROM THE INBORN SIN NATURE BY GIVING US A NEW NATURE.**

2 CORINTHIANS 5:17 (NLT)

**THIS MEANS THAT ANYONE WHO BELONGS TO CHRIST HAS
BECOME A NEW PERSON.**

THE OLD LIFE IS GONE;

NEW^A LIFE

HAS BEGUN!

READ THE VERSE TOGETHER. EMPHASISE THAT WE CAN HAVE A NEW BEGINNING. YOU CAN ALSO CHECK WITH YOUR BUDDY, WHAT IS THE NEW BEGINNING OR NEW LIFE THAT HE WANTS?

WE CAN LIVE A LIFE OF RIGHTEOUSNESS AND EXPERIENCE
VICTORY OVER SIN ON A DAILY BASIS AS WE WALK
FAITHFULLY IN OBEDIENCE TO GOD.

*1 John 1:9 (NIV) If we confess our sins, he is faithful and just
and will forgive us our sins and purify us
from all unrighteousness.*

READ THE VERSE TOGETHER AND SPEAK GOD'S ASSURANCE
OF FORGIVENESS OVER YOUR BUDDY.

REGARDLESS THE SINS IN YOUR PAST, HOW SHAMEFUL OR DEFEATED YOU FELT BY IT, UPON YOUR
CONFESSION OF THE SINS, GOD WILL FORGIVE US AND NOT JUST THAT,
HE WILL PURIFY US AND MAKE US RIGHTEOUS, NOT BY OUR OWN STRENGTH BUT BY HIS GRACE.

INVITATION

PROCESS:

YOU CAN TRUST IN JESUS AS YOUR SAVIOUR NOW!

You can come to Jesus and receive Him as
your personal Lord and Saviour and be set
free from the inborn sin nature that
otherwise dominates who you are.

PRAY:

- INVITE YOUR BUDDY TO TRUST IN JESUS TODAY
- SAY: "JESUS IS THE SAVIOUR AND IF TODAY YOU
RECOGNISE THAT YOU HAVE SINNED AND WOULD LIKE TO
REPENT, YOU CAN PRAY THE PRAYER IN THE BOOKLET."



SHARE YOUR PERSONAL TESTIMONY. FOCUS
ON TWO PARTS: (1) WHAT YOU WERE LIKE
BEFORE YOU RECEIVED JESUS? (2) HOW IS
YOUR LIFE TRANSFORMED AFTER
YOU RECEIVED JESUS?'

SAY THIS PRAYER:

*"DEAR LORD JESUS, I ADMIT THAT I AM A SINNER. I BELIEVE THAT YOU DIED FOR MY SINS AND ROSE FROM DEATH TO LIFE. I
ASK FOR YOUR FORGIVENESS OF MY SINS AND I CONFESS YOU AS MY SAVIOUR TODAY. HELP ME TO KNOW YOU MORE EACH DAY
AND WALK IN OBEDIENCE TO YOUR WAYS AS TAUGHT IN THE BIBLE. THANK YOU FOR OPENING THE WAY BACK TO THE HEAVENLY
FATHER SO THAT I CAN BE A CHILD OF GOD. IN YOUR NAME I PRAY,
AMEN."*

IF YOUR BUDDY DID NOT SAY THE PRAYER TO RECEIVE JESUS, PRAY FOR HIS FELT
NEEDS FOR THAT WEEK. ENCOURAGE HIM TO COME FOR THE NEXT SESSION.

PLAN

ARRANGE TO MEET AGAIN NEXT WEEK FOR THE NEXT SESSION ON 'WHO IS JESUS?'



SESSION 3

WHO IS JESUS CHRIST?

INTRODUCTION

WHO IS JESUS CHRIST TO YOU? WRITE IT BELOW:

(This can be what you have heard from people around or what you have read before.)

ALLOW YOUR BUDDY TO GIVE HIS RESPONSE. SHARE WHO IS JESUS TO YOU.

INSPIRATION

Who is JESUS CHRIST?

Jesus is born between the period 7 and 2 BC, of Jewish descent. He died around the period AD30-36 at the age of 33 years and He lived in Israel. His name, Jesus, means Saviour and Christ, which means the Messiah or Anointed One.

As Jesus is the Son of God (or He is God), the death of Jesus, by crucifixion on the cross, is able to pay for the sin, for all who believes Him as Saviour and God. Parallel to how in the Old Testament, blood from an animal sacrifice is shed for the atonement of sin as required by Jewish laws.

READ THE VERSE TOGETHER AND EMPHASISE THAT JESUS IS SENT TO DIE FOR US AS AN ATONEMENT FOR OUR SIN.

JOHN 1:29B (NCV) "JOHN SAID, "LOOK, THE LAMB OF GOD, WHO TAKES AWAY THE SIN OF THE WORLD!"

That is why, Good Friday marks a yearly reminder for all Christians that Jesus was crucified on the cross.



HOWEVER, AS JESUS WAS GOD, HE DID NOT JUST DIE.
3 DAYS AFTER GOOD FRIDAY, HE RESURRECTED TO LIFE. AND

EASTER SUNDAY

MARKS THE YEARLY REMINDER OF HIS RESURRECTION.

Luke 24:46 (NLT) And he said, "Yes, it was written long ago that **the Messiah would suffer and die and rise from the dead on the third day.**

READ THE VERSE TOGETHER AND EMPHASISE THAT JESUS IS GOD, SO HE CONQUERED DEATH. BECAUSE HE RESURRECTED, WE SERVE A LIVING GOD.

IS JESUS **REAL**
or **FICTION?**

Jesus is a true historical figure who had influenced much of history to the extent when the Gregorian (our modern) calendar was being set in place in 1582, it picked up the dating system (worked out in AD525) where Jesus Christ was referenced to as a marker of the historical timeline.

B.C

WHICH STANDS FOR 'BEFORE CHRIST', REFERS TO THE HISTORICAL TIME PERIOD BEFORE CHRIST'S BIRTH.

A.D

OR ANNO DOMINI, LATIN FOR 'IN THE YEAR OF THE LORD' REFERS TO THE PERIOD WHERE JESUS LIVED.

Though In more recent times, in view of religious sensitivities, the notations C.E. meaning Common Era (also Current Era or Christian Era) and B.C.E. meaning Before Common Era, have been used instead. This however, does not negate the truth that Jesus did exist.

SOME HAVE QUESTIONED THE EXISTENCE OF JESUS CHRIST HISTORICALLY AND TREATED JESUS AS A FICTITIOUS CHARACTER. PLUS, GIVEN THE PASSAGE OF TIME OF ABOUT 2000 YEARS, WHICH CAN MAKE TRUTH APPEAR HAZY. JUST IMAGINE YEAR AD4018, 2000 YEARS LATER FROM OUR CURRENT TIME PERIOD.

THE PEOPLE THEN LIVING IN AD4018 MAY QUESTION THE EXISTENCE OF REAL PEOPLE IN OUR ERA AND TIME, SUCH AS MICHAEL JACKSON OR JUSTIN BIEBER!



HOWEVER, JESUS IS NONETHELESS A HISTORICALLY TRUE PERSON! THIS CAN BE SEEN BY HOW THE PROPHECIES OF JESUS IN THE OLD TESTAMENT OF THE BIBLE ALL CAME TO PASS.

JESUS FULFILLED PROPHECIES IN THE OLD TESTAMENT

EMPHASISE THE POINT THAT: JESUS WAS AND STILL IS AN IMPORTANT PERSON AS THE ENTIRE DATING SYSTEM WAS NAMED AFTER HIM.

WHAT WAS AMAZING WAS, ALL THESE PROPHECIES WERE ALL MADE HUNDREDS OF YEARS BEFORE THE BIRTH OF JESUS (BORN BETWEEN THE PERIOD 7 AND 2 BC), BUT THESE PROPHECIES FORETOLD HIS COMING AND HIS LIFE ACCURATELY:

His Birthplace - Bethlehem

Old Testament Prophecy:
Micah 5:2 (written 735-700BC)
Fulfilment in Jesus:
Luke 2:4,6,7

His Birth - Born of a Virgin

Old Testament Prophecy:
Isaiah 7:14 (written 701-681BC)
Fulfilment in Jesus:
Matthew 1:18,22,23



His Childhood in Egypt

Old Testament Prophecy:
Hosea 11:1 (written 755-725BC)

Fulfilment in Jesus:
Matthew 2:14-15

His Ministry

Old Testament Prophecy:
Isaiah 61:1 (written 701-681BC)

Fulfilment in Jesus:
Luke 4:17-21

His Entry into Jerusalem on a Donkey

Old Testament Prophecy:
Zechariah 9:9
(written between 520-470BC)

Fulfilment in Jesus:
Matthew 21:1-5

His Betrayal

Old Testament Prophecy:
Zechariah 11:12-13; 13:6
(written 520 - 470BC)

Fulfilment in Jesus:
Matthew 26:14-16; 27:3-10

His Crucifixion

Old Testament Prophecy:
Psalm 22:1,7-8,16,18
(compilation of 150 Psalms by
various writers over 1000 years,
final Psalm, Psalm 137
added in about 538BC)

Fulfilment in Jesus:
Matthew 27:35,39-43,46

His Resurrection

Old Testament Prophecy:
Psalm 16:9-10 (compilation of 150
Psalms by various writers over 1000
years, final Psalm, Psalm 137
added in about 538BC)

Fulfilment in Jesus:
Acts 2:31



REVIEW ABOUT 5 OF THESE PROPHECIES BY OPENING TO THE OLD TESTAMENT AND READING ABOUT THE FULFILMENT IN THE NEW TESTAMENT.

EMPHASISE THE POINT THAT : THE FULFILMENT OF PROPHECIES IS TREMENDOUS AS NO HUMAN BEING HAD EVER BEEN BORN WITH A PROPHECY TAGGED TO HIM / HER SEVERAL HUNDREDS OF YEARS BEFORE BIRTH IN A RECORDED FORM AT THE DIFFERENT TIMES.

DISCUSS WITH YOUR BUDDY: WHY ARE PROPHECIES AND THEIR FULFILMENT IMPORTANT?
(SUGGESTED ANSWER: TO HIGHLIGHT THAT HE IS THE MESSIAH THAT WAS TALKED ABOUT IN THE OLD TESTAMENT THAT WAS COMING, AND HAD COME AND LIVED BETWEEN 7BC TO AD36, CRUCIFIED AT 33 YEARS OF AGE

JESUS IS

GOD

PRIOR TO HIS CRUCIFIXION, JESUS USED THE PHRASE 'I AM' WHICH WAS UNDERSTOOD AS REFERRING TO HIMSELF AS GOD.

READ THE VERSES TOGETHER.

Mark 14:61b-65 (NLT) Then the high priest asked him, **"Are you the Messiah, the Son of the Blessed One?"** ⁶² **Jesus said, "I AM.** And you will see the Son of Man seated in the place of power at God's right hand and coming on the clouds of heaven."⁶³ Then the high priest tore his clothing to show his horror and said, "Why do we need other witnesses?" ⁶⁴ **You have all heard his blasphemy. What is your verdict?" "Guilty!" they all cried. "He deserves to die!"** ⁶⁵ Then some of them began to spit at him, and they blindfolded him and beat him with their fists. "Prophecy to us," they jeered. And the guards slapped him as they took him away.



However, God's wants to redeem humanity from sin. Hence, a blameless sacrifice had to be offered to take the place of each sinner like you and me. And this blameless sacrifice was

JESUS.

Finally, Jesus was crucified because Jesus did not fit into the Jews' idea of a Messiah or Savior. This is because, the Jewish priests' idea of a Messiah was a powerful and political personality who will overthrow the Roman rule and return Israel to national glory.

Hebrew 9:27 - 28a (NLT) And just as each person is destined to die once and after that comes judgment,²⁸ so also **Christ was offered once for all time as a sacrifice to take away the sins of many people.**

READ THE VERSES TOGETHER



SOME OF OUR INDIAN FRIENDS HAVE MIDDLE NAMES WITH 'S/O' MEANING 'SON OF'. EMPHASISE ON THE POINT THAT: WHEN JESUS ACKNOWLEDGES THAT HE IS THE SON OF GOD, HE MEANT THAT HE IS GOD.

JESUS, THE ONLY WAY TO ETERNAL LIFE

INVITATION

PROCESS:

Eternal life does not refer only to life after death. It is really living a life where you have been set free from your sin nature and you have a personal relationship with God as you read His Word / Bible and

PRAY.

JOHN 17:3 (CEV) ETERNAL LIFE IS TO KNOW YOU, THE ONLY TRUE GOD, AND TO KNOW JESUS CHRIST, THE ONE YOU SENT.

JOHN 1:12 (NLT) BUT TO ALL WHO BELIEVED HIM AND ACCEPTED HIM, HE GAVE THE RIGHT TO BECOME CHILDREN OF GOD.

JOHN 3:16 (NLT) "FOR THIS IS HOW GOD LOVED THE WORLD: HE GAVE HIS ONE AND ONLY SON, SO THAT EVERYONE WHO BELIEVES IN HIM WILL NOT PERISH BUT HAVE ETERNAL LIFE.

- READ THE VERSES TOGETHER

- SHARE JOHN 3:16 PRESENTATION AND EXPLAIN HOW TO RECEIVE CHRIST.
- SHARE HOW YOU CAME TO ACCEPT JESUS AS YOUR SAVIOUR AND ENCOURAGE YOUR BUDDY TO BELIEVE IN JESUS TODAY.

PRAY

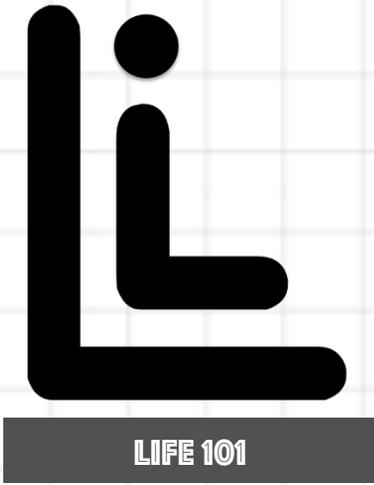
SAY this prayer in your heart if you would like to believe in Jesus as your Saviour today. *"Dear Lord Jesus, I admit that I am a sinner. I believe that You died for my sins and rose from death to life. I ask for Your forgiveness of my sins and I confess You as my Saviour today. Help me to know You more each day and walk in obedience to Your ways as taught in the Bible. Thank you for opening the way back to the heavenly Father so that I can be a child of God. In your name I pray, Amen."*

PLAN

WHEN YOU BELIEVE IN JESUS AS YOUR SAVIOUR, YOU ARE LIKE A NEW-BORN BABY IN THE CHRISTIAN FAITH. YOU CAN CONTINUE TO LEARN HOW TO GROW AS A BELIEVER IN THE NEXT 4 SESSIONS OF LIFE101.

IF YOUR BUDDY PRAYED THE SALVATION PRAYER, PROCEED TO ARRANGE TO MEET TO DO LIFE101, TO SHARE WITH HIM HOW TO EMBARK ON HIS CHRISTIAN JOURNEY.





Content

SESSION TOPIC	DATE CONDUCTED
<p data-bbox="291 832 1015 890">HOW TO RECEIVE THE GIFT OF LIFE?</p> <ul data-bbox="319 923 1008 1193" style="list-style-type: none"><li data-bbox="319 923 1008 1020">(i) Understanding Grace (God's work) and Faith (our response)<li data-bbox="386 1035 851 1083">(ii) Eternal life defined<li data-bbox="365 1093 886 1193">(iii) Live out God's Dream for your life!	
<p data-bbox="422 1261 851 1383">HOW TO KNOW GOD? - LISTENING TO GOD</p> <ul data-bbox="254 1406 1051 1591" style="list-style-type: none"><li data-bbox="254 1406 1051 1454">(i) God speaks to you through the Bible<li data-bbox="294 1474 1011 1522">(ii) How to have daily devotion time<li data-bbox="279 1541 1015 1591">(iii) God speaks to you in your heart	

Content

SESSION TOPIC	DATE CONDUCTED
<p data-bbox="419 828 851 948">HOW TO KNOW GOD? - SPEAKING TO GOD</p> <p data-bbox="289 962 1035 1174">(i) How to pray – P.A.R.T. prayer format (ii) How God answers your prayers (iii) Importance of Giving Thanks to God!</p>	
<p data-bbox="419 1240 905 1360">HOW TO FOLLOW JESUS? - BECOMING CHRIST-LIKE</p> <p data-bbox="386 1373 951 1599">(i) Sin nature and the law (ii) Becoming Christ-like (iii) Important growth areas as Christians</p> <ul data-bbox="486 1619 808 1765" style="list-style-type: none">▪ DAILY DEVOTIONAL▪ CELL LIFE▪ EQUIPPING	

SESSION 1

HOW TO RECEIVE THE GIFT OF LIFE?

INTRODUCTION

ACTIVITY FOR YOU TO DO WITH YOUR BUDDY:

INSTRUCTIONS:

- LOGISTICS: BUY A TOKEN GIFT EG A BAR OF CHOCOLATE LIKE KIT KAT OR SOMETHING YOU KNOW YOUR BUDDY WOULD LIKE PRIOR TO YOUR SESSION. IF YOUR GROUP HAS MORE THAN 1 PERSON, YOU CAN GET MORE TOKENS BUT THE DEMONSTRATION SHOULD BE DONE FOR ONLY ONE PERSON.
- ASK FOR A VOLUNTEER IF YOU HAVE MORE THAN 1 BUDDY IN THE GROUP.
- ASK THE VOLUNTEER TO CLOSE HIS EYES AND OPEN UP THE PALM OF HIS HAND.
- PLACE THE TOKEN GIFT IN HIS HANDS.
- ASK HIM TO OPEN HIS EYES TO SEE WHAT'S IN HIS PALM.



SESSION 1

HOW TO RECEIVE THE GIFT OF LIFE?

UNDERSTANDING GRACE AND FAITH

ACTIVITY:

How is grace illustrated in the activity?

- UNEXPECTED GIFT
- PLEASANT SURPRISE
- ASK, 'WHILE THE GIFT IS FREE FOR THE RECEIVER, DID IT COST THE ONE WHO GAVE THE GIFT? WHO PAID FOR IT?'

How is faith illustrated in the activity?

- CLOSED EYES
- ACT OF TRUST IN THE SPONSOR
- ASK, 'IF I'M NOT TRUSTWORTHY, WHAT DO YOU THINK I COULD HAVE PUT IN YOUR PALM INSTEAD?' (COCKROACH, TAKE THE CHANCE TO STEAL YOUR MONEY WHILE YOUR EYES ARE CLOSED ETC)
- SAY THAT WE TRUST WHEN WE KNOW SOMEONE DOES CARE AND WILL NOT HARM US.

How did God show His grace to us?

- JESUS CAME TO TAKE OUR PLACE AS PAYMENT FOR OUR SINS
- WE DO NOT WORK TO EARN SALVATION (ENTER BY FAITH, BELIEVE)

SESSION 1

HOW TO RECEIVE THE GIFT OF LIFE?

UNDERSTANDING GRACE AND FAITH

ACTIVITY:

How do you usually handle free gifts?

- APPRECIATE IT INITIALLY
- THROW ASIDE AFTER A WHILE, TAKE IT FOR GRANTED

How could a person NOT take God for granted?

- BE GRATEFUL FOR THE GREAT GIFT OF SALVATION.
- RAISE ANY DOUBTS OR QUESTIONS YOU HAVE AND BE COMMITTED TO KNOW GOD.
- RECOGNISE HE IS GOD AND BE HUMBLED THAT GOD REACHES OUT TO US!

INSPIRATION

Eph 2:8-9 (NIV) For it is **by grace** you have been saved, **through faith**—and this is not from yourselves, it is the gift of God—
⁹ not by works, so that no one can boast.

OUR SALVATION— THE FORGIVENESS OF OUR SIN IS BY

— **GOD'S GRACE,** —

WHICH IS SOLELY THE WORK OF GOD. SALVATION IS NOT
SOMETHING THAT WE CAN EARN BY OUR OWN STRENGTH.

HOWEVER, OUR RESPONSE TO THIS GIFT OF SALVATION IS

FAITH.

IN ORDER TO RECEIVE THIS GIFT OF SALVATION, WE NEED TO
CHOOSE TO PUT OUR TRUST IN JESUS.

We need to believe that Jesus died for us
and rose again on the third day.

We need to decide to trust Him

as our **LORD** and **SAVIOUR.**

FROM THE ACTIVITY AND FROM THE TEXT IN THIS
SECTION, EMPHASISE THE MEANING OF GRACE AND FAITH
AND HOW THE GIFT OF SALVATION IS
BY FAITH THROUGH GRACE.



ETERNAL LIFE DEFINED

READ THE VERSE TOGETHER

John 3:16 (NIV) “For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have **ETERNAL LIFE.**”

John 3:16 mentioned that the reason God gave His only Son, Jesus is to save us from our sin and to grant us eternal life.

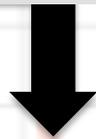


SO, WHAT IS ETERNAL LIFE?

John 17:3 (NIV) Now this is eternal life:

that they KNOW you, the only true God, and Jesus Christ, whom you have sent.

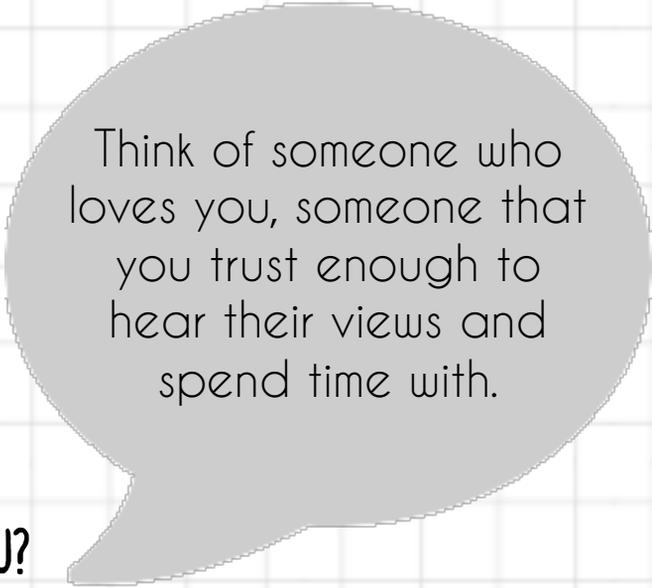
READ THE VERSE TOGETHER



Eternal life is not confined to life after death when someone passes away due to sickness, old age or some accident and step into eternity. Eternal life starts NOW and it means having a relationship with your heavenly Father and your Saviour Jesus! Eternal life is

KNOWING GOD AND JESUS CHRIST.





Think of someone who loves you, someone that you trust enough to hear their views and spend time with.

WHO WOULD THAT BE FOR YOU?

HOW DID YOU GET CLOSE TO THAT PERSON?

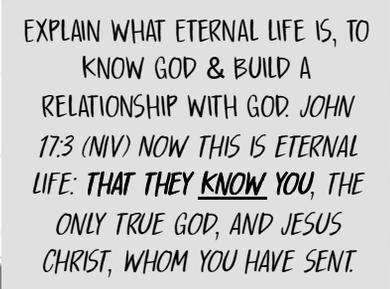
BY SPENDING TIME WITH THE PERSON, TALKING TO THE PERSON,
BUILDING A RELATIONSHIP WITH THAT PERSON.

Eternal life is not just knowing the facts about God, it is knowing God by having a personal relationship with Him.

Christianity is not a religion, it is a relationship – a

PERSONAL RELATIONSHIP

with the only true and living God.



EXPLAIN WHAT ETERNAL LIFE IS, TO KNOW GOD & BUILD A RELATIONSHIP WITH GOD. JOHN 17:3 (NIV) NOW THIS IS ETERNAL LIFE: THAT THEY **KNOW YOU**, THE ONLY TRUE GOD, AND JESUS CHRIST, WHOM YOU HAVE SENT.

SO YOU HAVE BEGUN YOUR JOURNEY OF A LIFE-LONG ADVENTURE OF KNOWING GOD.

1 John 1:12 (NIV) Yet to all who did receive Him, to those who believed in His name, He gave the right to become

CHILDREN OF GOD.



God is our heavenly Father. Our earthly fathers can sometimes be unavailable for us for valid reasons such as work or spending time with our mother or other siblings because earthly fathers are finite. However, our heavenly Father is 24/7 available and more present than we are aware of.



PSALM 145:17 – 19 (CEV)

**OUR LORD, EVERYTHING YOU DO IS KIND AND THOUGHTFUL,
18 AND YOU ARE NEAR TO EVERYONE WHOSE PRAYERS ARE SINCERE.
19 YOU SATISFY THE DESIRES OF ALL YOUR WORSHIPERS, AND
YOU COME TO SAVE THEM WHEN THEY ASK FOR HELP.**

IF APPROPRIATE, CAN GET YOUR BUDDY TO SHARE HIS RELATIONSHIP WITH HIS EARTHLY DAD. EMPHASISE THAT OUR EARTHLY DADS WHETHER THEY ARE GOOD/BAD, THEY ARE STILL IMPERFECT BUT GOD IS A PERFECT HEAVENLY FATHER.

LIVE OUT GOD'S DREAM FOR YOUR LIFE!

READ THE VERSES TOGETHER

You are purposefully created by God. God designed you with special gifts that you would come to discover and use them in a way that only you can do so.

EPHESIANS 2:10 (NIV)

FOR WE ARE GOD'S HANDIWORK, CREATED IN CHRIST JESUS TO DO GOOD WORKS, WHICH GOD PREPARED IN ADVANCE FOR US TO DO.

What are some areas you excel in quite easily / naturally?

DISCUSS WITH YOUR BUDDY THIS QUESTION. GET HIM TO SHARE. YOU COULD ALSO SHARE WHAT ARE GOD'S GIFTS AND TALENTS IN YOUR LIFE.

Those are your unique and God given talents.

PSALM 139:13-14 (NIV)

FOR YOU CREATED MY INMOST BEING; YOU KNIT ME TOGETHER IN MY MOTHER'S WOMB. 14 I PRAISE YOU BECAUSE I AM FEARFULLY AND WONDERFULLY MADE; YOUR WORKS ARE WONDERFUL, I KNOW THAT FULL WELL.

READ THE VERSE TOGETHER

The next 3 sessions would teach us how to grow in our relationship with God as we would do so with any new person we have just been introduced to. We grow in our relationship with God as we read the Bible and hear what He has to say to us (session 2), as we pray (session 3) and as we are disciplined to become Christ-like in our thoughts and actions (session 4).



INVITATION

PROCESS

END OFF SHARING THAT AS BELIEVERS, SINCE WE KNOW OUR CREATOR, WE WILL KNOW THE PURPOSE THAT HE HAS CREATED US FOR. HENCE, WE WILL BE ABLE TO LIVE OUT THE ABUNDANT LIFE HE HAS FOR US.

PRAY/ PLAN

THE NEXT 3 SESSIONS WOULD TEACH US HOW TO GROW IN OUR RELATIONSHIP WITH GOD AS WE WOULD DO SO WITH ANY NEW PERSON WE HAVE JUST BEEN INTRODUCED TO.

WE GROW IN OUR RELATIONSHIP WITH GOD AS WE READ THE BIBLE AND HEAR WHAT HE HAS TO SAY TO US (SESSION 2), AS WE PRAY (SESSION 3) AND AS WE ARE DISCIPLED TO BECOME CHRIST-LIKE IN OUR THOUGHTS AND ACTIONS (SESSION 4).

REMEMBER TO END OFF PRAYING FOR YOUR BUDDY AND FIX THE NEXT DATE TO MEET UP FOR SESSION 2.





SESSION 2

HOW TO KNOW GOD?

← LISTENING TO GOD →

INTRODUCTION

You have begun your journey of knowing God and growing in your relationship with Him. For any relationship to grow, there must be two basic elements:

TIME  **COMMUNICATION**

In the same way, you need to spend time to communicate with God in order to build your relationship with Him.

Because God is a living God and desires to enter into this relationship with us, He **SPEAKS** to us too.



GOD SPEAKS TO YOU THROUGH THE BIBLE

- INTRODUCE THE BIBLE.
- READ THROUGH THIS SECTION
“GOD SPEAKS TO YOUR THROUGH THE BIBLE”.
- SHOW YOUR BUDDY:
 - (I) HOW TO GET A COPY OF THE BIBLE
 - (A) DOWNLOAD A NIV BIBLE INTO THEIR SMARTPHONE
 - (B) WWW.BIBLEGATEWAY.COM HAS VARIOUS VERSIONS ONLINE
 - (C) SHOW THEM YOUR HARDCOPY BIBLE (ORIENTATE THEM OLD TESTAMENT TO NEW TESTAMENT SECTION)
 - (II) FIND A BIBLE VERSE. EG. FIND MARK 1:35 IN THE BIBLE

The Bible has a total of 66 books, divided into 2 sections: the Old Testament (39 books) and the New Testament (27 books). While the Bible may be a collection of 66 books spanning a long time frame, it has one clear message throughout, that God has a plan of redemption and He wants to restore us back to having a relationship with Him.



The Bible is written over 1600 years (1500BC to AD90) by 40 different writers guided by the

HOLY SPIRIT.

READ THE VERSE TOGETHER

2 PETER 1:21 (NIV)

FOR PROPHECY NEVER HAD ITS ORIGIN IN THE HUMAN WILL, BUT PROPHETS, THOUGH HUMAN, SPOKE FROM GOD AS THEY WERE CARRIED ALONG BY THE HOLY SPIRIT.'

In this way, the Bible is the word of God. God speaks to us through the Bible about who is He and how He wants us to live our lives, so that we can be restored in our relationship with Him. It is important to read the Bible to have the correct Biblical view of who God really is. You can hear God speaking to you in your heart as you read the Bible.

JOHN 10:27 (NLT)

**MY SHEEP LISTEN TO MY VOICE;
I KNOW THEM, AND THEY FOLLOW ME.**

READ THE VERSE TOGETHER

Believers are encouraged to read the Bible and pray daily as a way of growing in their relationship with God.

We call this
'DAILY DEVOTIONAL' or 'QUIET TIME'.

Even Jesus kept connected to His Father in His time on earth.



READ THE VERSE TOGETHER

Mark 1:35-37 (NLT)

Before daybreak the next morning, Jesus got up and went out to an isolated place to pray.

³⁶ Later Simon and the others went out to find him. ³⁷ When they found him, they said, "Everyone is looking for you."

HAVING DAILY QUIET TIME IS IMPORTANT AS THAT IS THE PLACE WHERE GOD WILL SPEAK TO YOU. THEN YOU WOULD FIND STRENGTH AND BE OF THE RIGHT HEART AND PERSPECTIVE FOR WHATEVER THAT HAS HAPPENED OR WILL HAPPEN IN YOUR LIFE.

INSPIRATION

REVIEW THE STEPS ON HOW TO HAVE DAILY DEVOTION TIME.

HOW TO HAVE DAILY DEVOTION TIME?

- 1** CHOOSE AN UNHURRIED SLOT OF TIME OF 20 – 30 MINUTES IN DURATION.
- 2** FIND A QUIET PLACE FREE FROM DISTRACTIONS OR INTERRUPTIONS.
- 3** START THE TIME BY QUIETENING DOWN YOUR HEART AND MIND AND ASKING GOD TO SPEAK TO YOU AS YOU READ THE BIBLE.
- 4** HAVE A BIBLE READING PLAN EG READ THROUGH THE GOSPEL OF MARK, ONE CHAPTER A DAY, OR, GO ONLINE LIVING LIFE http://www.duranno.com/livinglife/english_su06.asp



5 THESE ARE 3 QUESTIONS TO REFLECT ON EACH TIME YOU READ THE BIBLE:

(I) WHAT DOES THE PASSAGE SAY ABOUT GOD?
(II) WHAT DOES THE PASSAGE TEACH ME ABOUT CHRISTIAN LIVING?
(III) WHAT DOES GOD WANT ME TO DO?

(i) & (ii) help you learn and discover more about God through reading the Bible. (iii) is about applying / obeying God's Word.

6 LISTEN TO GOD AS YOU READ THE BIBLE PASSAGE.

(You will learn more about listening to God in the next section.)

7 GET A NOTEBOOK OR JOURNAL AND START JOURNALING SOME OF THESE REFLECTIONS OF THE VARIOUS BIBLE PASSAGES YOU READ.

(If you have any questions, perhaps something you read and you could not understand, jot that down and ask your Christian friends.)

LET'S TRY IT OUT!

READ MATTHEW 6:31-33 TOGETHER AND REVIEW THE 3 REFLECTION QUESTIONS. HOST TO SHARE WHAT GOD SPOKE TO YOU PERSONALLY AS WELL

Read Matthew 6:31-33 together.

³¹ "So don't worry about these things, saying, 'What will we eat? What will we drink? What will we wear?' ³² These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs. ³³ Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need.



(I) WHAT DOES THE PASSAGE SAY ABOUT GOD?

GOD LOVES US AND HE WILL PROVIDE FOR US. HE IS ALL KNOWING AND KNOW THE NEEDS WE HAVE.

(II) WHAT DOES THE PASSAGE TEACH ME ABOUT CHRISTIAN LIVING?

WE SHOULD NOT WORRY ABOUT TOMORROW OR FOCUS ON EARTHLY THINGS (E.G. CLOTHES WE WEAR, FOOD WE EAT). WE SHOULD TRUST GOD AND FOCUS ON SEEKING HIM FIRST, PRIORITISING DOING HIS WILL AND OBEYING HIM.

(III) WHAT DOES GOD WANT ME TO DO (APPLICATION)?

SPECIFIC APPLICATION FROM (II). E.G. I TEND TO WORRY ABOUT MY EXAMS. GOD IS ASKING ME TO TRUST IN HIM AND TO NOT NEGLECT MY TIME SPENT WITH HIM.

GOD SPEAKS TO YOU IN YOUR HEART

Perhaps you are wondering,
HOW CAN I KNOW WHEN GOD SPEAKS TO ME?



Most of the time, God does not speak in an audible voice. When God speaks to you, He usually speaks inside your heart because He is living there in the person of the Holy Spirit.

**GOD IS SPIRIT AND HE RELATES TO US IN OUR SPIRIT,
THROUGH THE HOLY SPIRIT WHO IS GIVEN TO THOSE WHO BELIEVE IN JESUS.**

READ THE VERSE TOGETHER

JOHN 14:26 (NASB)

BUT THE HELPER, THE HOLY SPIRIT, WHOM THE FATHER WILL SEND IN MY NAME, HE WILL TEACH YOU ALL THINGS, AND BRING TO YOUR REMEMBRANCE ALL THAT I SAID TO YOU.

Learning to recognise God's voice, does take a bit of growing into. Whatever you sense God saying to you, it usually meets these criteria:



DOES NOT CONTRADICT WHAT THE BIBLE SAYS OF GOD OR HIS GIVEN COMMANDS.



IS NOT EVIL.

God's voice within your heart would flow spontaneously, in a light and gentle manner as a thought, an idea, a feeling, an impression, a vision or specific words. He may speak to you about Himself, about you or about others. You may hear Him telling you,

'I LOVE YOU'

and you sense His peace.



Or He may say to you,
'DO NOT LET YOUR HEART BE TROUBLED. TRUST IN ME.'
and you sense His peace. Or He may say to you,
'Talk to John about me.' Or, He may bring to your mind a
scripture that speaks to a particular situation you are in.

WHILE GOD SPEAKS TO YOU PRIMARILY THROUGH HIS WRITTEN WORD, THE BIBLE, HE
ALSO SPEAKS TO YOU THROUGH CIRCUMSTANCES, PEOPLE AND EVEN DREAMS.

LISTEN IN SILENCE

A good practice in seeking to hear God is to listen in silence. Close your eyes and be silent before God, and concentrate inwardly to hear Him speaking to you in your heart.

CONFIRM GOD'S VOICE

It is advisable for a beginner in hearing God's voice, like yourself, to confirm with someone more mature and experienced, what you sense you have heard from God.

DON'T BE DISCOURAGED

Do not be discouraged if you may not seem to be hearing God initially. Just keep giving yourself time to listen to Him. And as you learn to listen to God's voice more and more, you will grow to know how to recognise His voice more easily and more quickly.



INVITATION

PROCESS

HOST TO SHARE A PERSONAL TESTIMONY OF HOW GOD SPOKE TO YOU (THROUGH THE BIBLE OR TO YOUR HEART) AND WHAT THE EXPERIENCE WAS LIKE. ENCOURAGE BUDDY TO START HIS DAILY DEVOTION TIME, AND TO HEAR FROM GOD BY ALLOWING HIM TO SPEAK THROUGH THE BIBLE AND TO HIS HEART.

PRAY

PRAY FOR BUDDY TO HEAR FROM GOD AND GROW IN HIS RELATIONSHIP WITH GOD. PRAY FOR ANY NEEDS OF YOUR BUDDY.

PLAN

* DISCUSS WITH YOUR BUDDY WHAT WOULD BE A GOOD TIME SLOT FOR DAILY DEVOTION AND WHAT MATERIAL HE COULD USE.

- READ THROUGH BOOK OF MATTHEW, ONE CHAPTER PER DAY AND USE THE STEPS LEARNT TODAY.
- SHOW LIVING LIFE WEBSITE/SENA MATERIAL. (POSSIBLE MATERIAL IN FUTURE).

* FIX THE DATE FOR THE NEXT SESSION.





MY DAILY DEVOTION

TIME: _____



PLACE: _____

NEXT 7 DAYS:

BIBLE PASSAGE	LEARNING AND APPLICATION





MY DAILY DEVOTION

TIME: _____



PLACE: _____

BIBLE PASSAGE

LEARNING AND APPLICATION

BIBLE PASSAGE	LEARNING AND APPLICATION



SESSION 3

HOW TO KNOW GOD?

SPEAKING TO GOD

INTRODUCTION

We have considered how in building your relationship with God- to know Him and trust Him, you need to listen to God speak to you. That is only one side of the two-way communication process.

There is another side of it. You need to talk to God too.

GOD DELIGHTS IN LISTENING TO YOU.

INSPIRATION

HOW TO PRAY



TO RUN THROUGH HOW TO PRAY USING THE P.A.R.T. FORMAT.

I don't know what to pray or how to pray- this may be your concern. Remember, God is your Father and you are His child. Just talk to Him as you would to your best friend. Tell Him your thoughts, views, anxieties, fears, happy and unhappy moments as well, just as it is. You can be yourself when you approach Him and you can talk to Him any time of the day. You can tell Him about anything



YOU CAN LEARN TO PRAY BY USING THE **P.A.R.T.** FORMAT.

P

- Praise God at all times

THE BIBLE TELLS US TO WORSHIP GOD AT ALL TIMES.

READ THE VERSE TOGETHER

Psalms 34:1 (NLT)

I will praise the LORD at all times.

I will constantly speak his praises.

WORSHIP GOD FOR WHO HE IS.

WORSHIP GOD FOR WHAT HE HAS DONE.

WORSHIP GOD BY SPEAKING PRAISES TO HIM.

WORSHIP GOD BY SINGING PRAISES TO HIM.

MAKE IT YOUR HABIT TO BEGIN YOUR DAY BY WORSHIPPING GOD.

A

- Admit to God your sins

**THE BIBLE TELLS US THAT WHEN WE HIDE SINS
IN OUR HEARTS, GOD WILL NOT HEAR US.**

Psalms 66:18 (NLT)

If I had not confessed the sin in my heart,
the Lord would not have listened

READ THE VERSE TOGETHER

READ THE VERSE TOGETHER

**TELL GOD SINCERELY FROM YOUR HEART THAT YOU ARE SORRY
FOR SINNING AGAINST HIM, AND HE WILL BE
MORE THAN WILLING TO FORGIVE YOU.**

1 John 1:9 (NIV)

If we confess our sins, he is faithful and just and
will forgive us our sins and purify us
from all unrighteousness.

**THIS WILL ENSURE THAT THE COMMUNICATION LINE
BETWEEN YOU AND GOD IS ALWAYS OPEN.**



YOU CAN LEARN TO PRAY BY USING THE **P.A.R.T.** FORMAT.

R

- Request God for your needs

Jesus tells us,

'YOUR FATHER KNOWS WHAT YOU NEED BEFORE YOU ASK HIM'

(Matthew 6:8).

Wow, how about that! But that does not mean that you do not have to pray. It means that you can pray to your Father about your needs with confidence. Your needs may be strength for crises, guidance at crossroads, wisdom for problems, help in troubles, healing for sicknesses, peace for worries.

Whatever it is, God invites you to

'CAST ALL YOUR ANXIETY ON HIM BECAUSE HE CARES FOR YOU.'

[1 PETER 5:7].

GIVE TO GOD YOUR PROBLEMS AND STRUGGLES IN LIFE.
TELL HIM HONESTLY AND FREELY, EXACTLY HOW YOU ARE FEELING.

However, your most important need is your spiritual growth.

Pray for your spiritual growth everyday.

Pray for the needs of others too, e.g. your family, your friends.

The most important need of those who do not know Jesus Christ is that they come to know Him.

T

- Thank God for all things

THE BIBLE TELLS US TO GIVE THANKS TO GOD FOR EVERYTHING .

EPHESIANS 5:20 (NIV)

READ THE VERSE TOGETHER

***'ALWAYS GIVING THANKS TO GOD THE FATHER FOR EVERYTHING,
IN THE NAME OF OUR LORD JESUS CHRIST'***

Thank God when good things or bad things happen to you.

Thank God during good times as well as bad times.



HOW GOD ANSWERS YOUR PRAYERS

WHILE GOD LISTENS TO ALL YOUR PRAYERS. HE MAY NOT GRANT ALL YOUR REQUESTS. GOD IS NOT A MAGICIAN OR SANTA CLAUS, WHO GIVES US ANY WISH WE WANT. JUST LIKE ANY GOOD PARENTS, YOUR FATHER GIVES YOU THINGS THAT ARE GOOD FOR YOU. AND HE ALONE KNOWS WHAT IS BEST FOR YOU.

There are at least **4** ways that God answers your prayers:

'YES, I'LL GIVE YOU AS YOU'VE ASKED.'

'NO, THIS IS NOT GOOD FOR YOU.'

'WAIT, I'LL ANSWER YOU
AT THE RIGHT TIME.'

'I'VE A BETTER IDEA THAN YOURS.'

1 John 5: 14 - 15 (NIV)

This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. ¹⁵ And if we know that he hears us—whatever we ask—we know that we have what we asked of him

READ THE VERSE TOGETHER



Prayer is one of the greatest proofs a believer can have, that **GOD IS REAL!**

As we read in 1 John 5: 14- 15,
when we pray according to God's will or aligned
to God's heartbeat (not wishing evil on others or
for selfish materialistic gains but genuine needs),
He hears and answers!

Ask your friend to share what are some testimonies of answered prayers!

TO REVIEW "HOW GOD ANSWERS YOUR PRAYERS" AND FOR HOST TO SHARE A TESTIMONY OF GOD ANSWERING YOUR PRAYER OR ON HOW GOD ANSWERED YOU NOT BY GIVING YOU WHAT YOU ASKED, BUT YET IT FINALLY WORKED OUT FOR YOUR GOOD.

IMPORTANCE OF GIVING THANKS TO GOD!

When God answers our prayer requests,
do remember to thank Him. Each time we
are thankful, we recognise that it is God
at work, not some uncanny coincidence
which we can rationalise away
and dismiss God.



The Bible records an account where
10 lepers asked for healing and all 10
were healed but only one leper, a
foreigner, came back to thank and
worship Jesus and Jesus took note of
that one grateful leper.
(Luke 17:11-19)

When we remember to thank God for answered prayers, it prevents us from
taking God and His grace for granted. God looks into our hearts to see who are
those who are truly grateful to Him and who are those who treat
Him like some genie, to get something out of Him.



Relationships that are based on what I can get out of the other person, are often self-centred with little regard for the others. Let's seek to build a strong relationship with God that isn't self-centred, by having a heart of gratitude!

TO REVIEW THE IMPORTANCE OF THANKING GOD
WHEN HE ANSWERS OUR PRAYER.
YOU CAN READ THROUGH LUKE 17:11-19 , IF THERE IS TIME.

INVITATION

PROCESS/PRAY

ASK YOUR BUDDY TO WRITE OUT HIS PRAYER. PRAY TOGETHER

YOUR TURN!

Share your prayer needs and pray knowing that God hears when you pray according to His will!

WRITE OUT YOUR PRAYER HERE:

Date prayed: _____ Date answered: _____

PLAN

- FIX THE DATE FOR THE NEXT SESSION.
- GET YOUR BUDDY TO SHARE HIS PROGRESS, ON DOING HIS DAILY DEVOTION IN THE PAST WEEK.



SESSION 4

HOW TO FOLLOW JESUS?

← BECOMING CHRIST-LIKE →

INTRODUCTION

REVIEW WITH BUDDY: TO KNOW GOD = OBEY GOD'S LAWS & HIS WILL
(A) ALL KINDS OF 'CHRISTIANS' AROUND
(B) ARE YOU A TRUE DISCIPLE / FOLLOWER OF CHRIST

There can be un-Christ-like Christians around. Anyone can easily refer to themselves as a Christian but they still continue to live in rebellion, in sexual sin and disobedience or selective obedience to the teachings of the Bible. They can even be attending church as well.

MATTHEW 7:21-23 (NLT)

"NOT EVERYONE WHO CALLS OUT TO ME, 'LORD! LORD!' WILL ENTER THE KINGDOM OF HEAVEN. ONLY THOSE WHO ACTUALLY DO THE WILL OF MY FATHER IN HEAVEN WILL ENTER. ²² ON JUDGMENT DAY MANY WILL SAY TO ME, 'LORD! LORD! WE PROPHESED IN YOUR NAME AND CAST OUT DEMONS IN YOUR NAME AND PERFORMED MANY MIRACLES IN YOUR NAME.' ²³ BUT I WILL REPLY, 'I NEVER KNEW YOU. GET AWAY FROM ME, YOU WHO BREAK GOD'S LAWS.'

READ THE VERSE TOGETHER

God equates **KNOWING HIM** to be the same

AS OBEYING HIS LAWS or doing His Will

(God's Will is revealed in the Bible in the form of His laws & commands).

If we truly understand that Jesus is our Saviour who has saved us from judgement and eternal death, by taking our place on the cross, then our very lives belong to Him.



With that attitude in our heart and mind, following Jesus in submission to His teachings and laws, is then the basic way of life for any true disciple or follower of Christ.

INSPIRATION

REVIEW WITH BUDDY ON SIN NATURE AND LAWLESSNESS

- SIN NATURE AS SEEN IN GALATIANS 5:19-21
- NEED FOR LAWS TO STOP SIN NATURE

SIN NATURE AND THE LAW

1 JOHN 3:4 (NIV)

EVERYONE WHO SINS BREAKS THE LAW;
IN FACT, SIN IS LAWLESSNESS.



READ THE VERSES TOGETHER

GAL 5:19-21 (NLT)

WHEN YOU FOLLOW THE DESIRES OF YOUR SINFUL NATURE, THE RESULTS ARE VERY CLEAR: SEXUAL IMMORALITY, IMPURITY, LUSTFUL PLEASURES,²⁰ IDOLATRY, SORCERY, HOSTILITY, QUARRELLING, JEALOUSY, OUTBURSTS OF ANGER, SELFISH AMBITION, DISSENSION, DIVISION,²¹ ENVY, DRUNKENNESS, WILD PARTIES, AND OTHER SINS LIKE THESE. LET ME TELL YOU AGAIN, AS I HAVE BEFORE, THAT ANYONE LIVING THAT SORT OF LIFE WILL NOT INHERIT THE KINGDOM OF GOD.

Let's do a little exercise to peek into a world without laws? Would that be the coolest place on earth or our worst nightmare?

DISCUSS FOLLOWING QUESTIONS WITH BUDDY





IMAGINE A LAWLESS ROAD.

There are no traffic lights, no road signs.
What is likely to happen?

ROAD ACCIDENTS, DEATHS AND CHAOS



IMAGINE A LAWLESS HOSPITAL,

anyone can be a doctor or a nurse.
You can walk into any room, no queue system.
What is likely to happen?

LIVES ENDANGERED, DEATHS, LACK OF SECURITY
AND GREAT FEAR



IMAGINE A LAWLESS SCHOOL,

no time-table, no teachers, no tests or exams.
What is likely to happen?

GREAT CHAOS, POORLY DISCIPLINED STUDENTS, INABILITY
TO LEARN IN THAT SCHOOL.



If things are left to total lawlessness say, for example, there is no law against anger sins, then anyone who is angry besides the use of vulgarities, curse and swear, can go beat people up, burn another person's property and even kill and murder freely. It would not take long for that society to fall apart and most of the citizens to end up injured or dead!

HAVE YOU READ SHOCKING NEWS REPORTS OF HOW SOMEONE THAT SEEMED SO UNLIKELY, HAS KILLED / MURDERED ANOTHER? ALMOST EVERY SOCIETY REALISED THAT THEY NEED SOME FORM OF LEGAL AND JUDICIAL SYSTEM TO RESTRAIN THE EXTREMES THAT THE HUMAN SIN NATURE CAN GET INTO.

BECOMING CHRISTLIKE

REVIEW WITH BUDDY HOW A BELIEVER CAN CONTINUE TO GROW TO BECOME CHRIST-LIKE

- (A) BY THE HOLY SPIRIT – FRUIT OF THE SPIRIT
- (B) RECEIVING A NEW NATURE FOR GOOD WORKS
- (C) MAKING DAILY DECISIONS TO OBEY GOD

When we come to know Jesus as our Saviour, God gives to us the Holy Spirit.

JOHN 16:13A (NLT)
'WHEN THE SPIRIT OF TRUTH COMES,
HE WILL GUIDE YOU INTO ALL TRUTH.'

READ THE VERSE TOGETHER

GALATIANS 5:16, 22-23 (NLT)

SO I SAY, LET THE HOLY SPIRIT GUIDE YOUR LIVES. THEN YOU WON'T BE DOING WHAT YOUR SINFUL NATURE CRAVES... BUT THE HOLY SPIRIT PRODUCES THIS KIND OF FRUIT IN OUR LIVES:

LOVE, JOY, PEACE, PATIENCE, KINDNESS, GOODNESS, FAITHFULNESS, ²³ GENTLENESS, AND SELF-CONTROL. THERE IS NO LAW AGAINST THESE THINGS!



The world obviously could do with more love, more joy, more peace, more patience, more kindness, more goodness, more faithfulness, more gentleness and more self-control, hence there is no law against these qualities unlike the traits in Galatians 5: 19-21 (previous passage).

WHEN WE ARE SAVED, GOD GIVES TO HIS CHILDREN A NEW NATURE.

READ THE VERSE TOGETHER

2 Corinthians 5:17 (NLT)

This means that **anyone who belongs to Christ has become a new person.**

The old life is gone;

a **NEW LIFE** has begun!

THERE IS TREMENDOUS CONTRIBUTION A CHRIST-LIKE BELIEVER CAN HAVE IN A FALLEN WORLD RIDDLED WITH SINS.
YOUR MAKER HAS ALREADY PLANNED GOOD WORKS FOR YOU TO DO!

READ THE VERSE TOGETHER

Ephesians 2:10 (NIV)

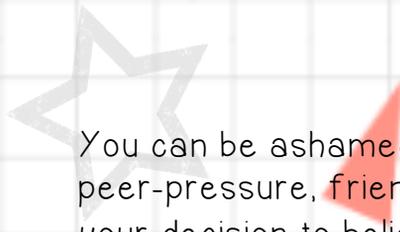
For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.

The Christ-like nature is not automatic. Becoming Christ-like has everything to do with the

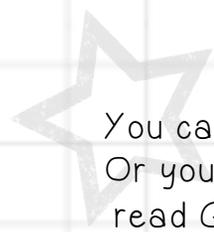
DECISIONS

we make on a daily basis:

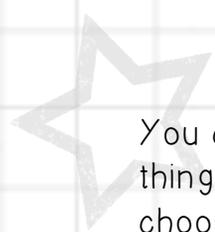




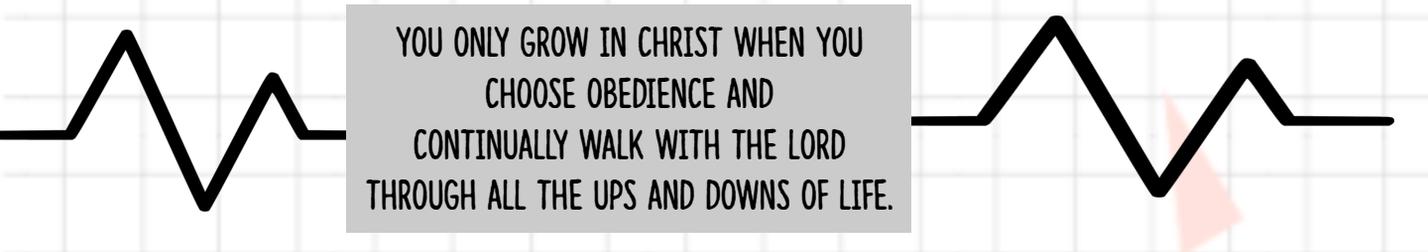
You can be ashamed and fall away from Jesus because of peer-pressure, friends jeering at you, or parents objecting to your decision to believe in Jesus.
Or you can choose to stand firm in your faith.



You can get busy and stop reading the Bible.
Or you can make it your priority to read God's word.



You can doubt and blame God when things don't go your way. Or you can choose to give thanks in all circumstances.



YOU ONLY GROW IN CHRIST WHEN YOU CHOOSE OBEDIENCE AND CONTINUALLY WALK WITH THE LORD THROUGH ALL THE UPS AND DOWNS OF LIFE.

INVITATION



PROCESS

* ROUND UP THE SESSION BY SHARING WITH BUDDY, THE PRACTICAL STEPS HE CAN TAKE, TO FOLLOW JESUS, BY FOCUSING ON THE FOLLOWING GROWTH AREAS:

- DAILY DEVOTION
- ATTEND CELL / SERVICE
- ATTEND EQUIPPING

* SHARE ABOUT HOW YOU HAVE GROWN IN YOUR FAITH JOURNEY AS A CHRISTIAN WHEN YOU WALKED WITH GOD IN THE GROWTH AREAS.



IMPORTANT GROWTH AREAS AS CHRISTIANS

IN ORDER TO GROW IN CHRIST, WE NEED TO LEARN TO WALK WITH GOD IN THESE IMPORTANT AREAS:

1

DO YOUR DEVOTIONAL DAILY

As covered in sessions 2 + 3, learn to read and obey the Bible and spend time to pray

2

ATTEND A CELL GROUP / CHURCH SERVICE

▶▶▶ A cell is like a spiritual family. It's a small group of 6 - 12 persons who can share comfortably, what are their concerns and learn and apply the truths in the Bible together. Ask your friend where does his cell group meet at and join them some time soon!

▶▶▶ Church service is usually during the weekend

TX SERVICE (TEENS XCITE) IS ON
EVERY SATURDAY 3.30-5.30PM

THOSE 17 YRS AND ABOVE CAN ATTEND
EITHER THE SAT 7.30PM OR THE SUN
9AM SERVICES



IMPORTANT GROWTH AREAS AS CHRISTIANS

IN ORDER TO GROW IN CHRIST, WE NEED TO LEARN TO WALK WITH GOD IN THESE IMPORTANT AREAS:

3 ATTEND EQUIPPING CAMPS / CLASSES

- »»» Equipping is really an intensive and structured time of learning the Bible.
- »»» The Equipping journey starts with LifeClass devotional.
- »»» There is an Encounter Weekend where you will experience God in a more personal manner.

YOUR LIFE IS PRECIOUS AND SPECIAL. YOU ARE **LOVED** BY YOUR HEAVENLY FATHER AND SAVED FROM THE SIN NATURE BY THE SAVIOUR. WALK DAILY WITH HIM AND YOU WILL FIND HOW YOU CAN REALLY BE A BLESSING TO YOUR FAMILY MEMBERS AND FRIENDS!

PRAY

PRAY FOR ANY NEEDS OF BUDDY. CLOSE THE SESSION IN PRAY FOR BUDDY TO BE COMMITTED TO FOLLOW JESUS.

PLAN

MAKE PLANS TO STAY ACCOUNTABLE TO EACH OTHER IN THE GROWTH AREAS MENTIONED ABOVE.

CHECK WITH BUDDY ON HIS PROGRESS IN HIS DEVOTION AND PRAYER TIME.



