

## 4Ws for Week 5, 28 Jan – 3 Feb 2019

### WELCOME (15minutes)

Choose one of the following icebreakers:

*(If you have first-time guests, begin with a round of introduction and warmly welcome the new visitors.)*

#### **1. Who am I?**

Each member writes 3 descriptions about themselves on a piece of paper. The Facilitator collects the sheets of paper, places them face down and gets each member to draw one of the sheets of paper. If he/she draws his own sheet of paper, he re-draws another sheet. Each member reads out what is on the sheet of paper and tries to guess who the description belongs to. Reveal the answers only until everyone has made their guess.

**Materials needed:** Pens and papers.

#### **2. This Cell Group Is ....**

Everyone sits in a circle. Facilitator holds a soft toy and starts by sharing one thing he/she likes about/can be improved about the cell group and tosses the toy randomly to another member to share the next thing. The activity will continue until everyone gets at least one chance to share. Facilitator is to encourage participants to be open and **constructive** in their sharing, and emphasize that the points shared must be about the group in general and not targeted at individual persons.

**Materials needed:** A soft toy or ball or any other object. {Ensure the object is not hard/sharp and may injure anyone.]

#### **Transition to Worship:**

*Let's now let our praises ring for the King of glory and for our heavenly Father who knows us and every single member of the cell.*

### WORSHIP (20 minutes)

You may use the following suggested worship songs:

- 1) Let The Praises Ring (E)
- 2) Forever Reign (E)
- 3) Great Are You Lord (D)
- 4) How Great Is Our God (D)

Be sensitive in waiting upon the Lord for the ministry of the Holy Spirit. Encourage members to seek the Lord and by faith exercise the gifts of the Holy Spirit through prophetic utterances for the purpose of ministering to all who are present.

#### **Transition to Word:**

*Truly how great is our God. His greatness is manifested in His Word which is living and active in His children. May His Word speak to us today.*

### WORD (45minutes)

**Memory verse of the week: Mark 10:45 (NIV)**

For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many.”

**Sermon Title: Cultivate – Heart of Worship**

**By Rev. Roland Lee**

**on 27-28**

**Jan 19**

**Scripture Passage: Matthew 22:35-39**

<sup>35</sup> One of them, an expert in the law, tested him with this question: <sup>36</sup> “Teacher, which is the greatest commandment in the Law?”

<sup>37</sup> Jesus replied: “‘Love the Lord your God with all your heart and with all your soul and with all your mind.’<sup>1</sup> <sup>38</sup> This is the first and greatest commandment. <sup>39</sup> And the second is like it: ‘Love your neighbor as yourself.’

### **Introduction**

“The heart of worship is our heart, delighting in Jesus and expressing praise to Him. He’s at the center. He’s the focus. It is His commands we consider first, not our preferences.” - David Mathis  
As children of God, this must be our passionate and extreme desire.

We cultivate a heart of worship by developing

a) The *Passion of Worship* – which is the result of the *Extravagant Love* of God for us

“Extravagant” – Extreme, Unusual or Unreasonable – Macmillan Dictionary

b) The *Practice of Worship* – which manifests itself in *Extreme Submission* to the Father & His will

A heart of true worship must be cultivated through the practice of devotion, dedication and discipline in our lives. We must bring our desires, our will intentionally to a place of submission to God through devotion, dedication and discipline.

Such extreme submission can be applied in three areas of our life:

a) personal worship devotional life.

b) corporate worship

c) love for others

### **Discovery and Understanding Questions:**

**Q1.** How did the woman in Luke 7 show her love for God and her heart of worship?

**A1.** She sought to please Jesus above all else, giving totally of herself to Him and doing the extraordinary – pouring expensive perfume on His feet (which was an absolute act of sacrifice); wetting His feet with her tears and wiping them with her hair (which was an exceptional act of self-debasement, ignoring the humiliation and embarrassment of this act); and kissing his feet (which was an extraordinary act of self-giving, for no one would ever thought of doing such a thing)

**Matthew 22:37**

<sup>37</sup> Jesus replied: “‘Love the Lord your God...

**Revelation 4:11 (KJV)**

<sup>11</sup> Thou art worthy, O Lord, to receive glory and honour and power: for thou hast created all things, and for thy pleasure they are and were created.

**Luke 7:44-48 (NIVUK)**

<sup>44</sup> Then he turned towards the woman and said to Simon, ‘Do you see this woman? I came into your house. You did not give me any water for my feet, but she wet my feet with her tears and wiped them with her hair. <sup>45</sup> You did not give me a kiss, but this woman, from the time I entered, has not stopped kissing my feet. <sup>46</sup> You did not put oil on my head, but she has poured perfume on my feet. <sup>47</sup> Therefore, I tell you, her many sins have been forgiven – as her great love has shown. But whoever has been forgiven little loves little.’ <sup>48</sup> Then Jesus said to her, ‘Your sins are forgiven.’

**Q2.** What does worship of God entail?

**A2.** Offering our total being to God as a living, holy and pleasing sacrifice to God; it goes beyond external acts of worship in praises and songs; it is an inward attitude of always wanting to put God first in everything & seeking His glory and will above all else. It is reflected in worship of Him **and love of others.**

### **Romans 12:1-2 (NIVUK)**

<sup>12</sup> Therefore, I urge you, brothers and sisters, in view of God’s mercy, to offer your bodies as a living sacrifice, holy and pleasing to God – this is your true and proper worship.

### **Application Questions:**

Break into smaller groups, share, pray and minister to one another.

**Q1.** “God is most glorified in us when we are most satisfied in Him.” – John Piper

A true child of God will desire to love him extravagantly. “Extravagant” means extreme, unusual or unreasonable – Macmillan Dictionary

- a) Reflect on your life – Is your worship of God (your love for Him) extreme, unusual and “unreasonable”?
- b) Repent if it isn’t.
- c) Turn around – what areas in your life do you need to change in order to love Him extravagantly.
- d) What is holding you back from loving Him extravagantly? What can you do about this?

**Q2.** “The heart of worship is our heart, delighting in Jesus and expressing praise to Him...It is His commands we consider first, not our preferences.”

The command Jesus gives in Matthew 22:39 is – Love your neighbour as yourself.

- a) List the things you can do for your fellow brethren to show your love for God and for them.  
Choose one thing in this list and act on it this week.
- b) List the things you can do for prebelievers to show your love for them. The ultimate that we can do for a prebeliever is to be concerned about their salvation. This week, share the Good News or your testimony with one prebeliever.

### **Family Altar Time (F.A.T.)**

(Cell Leader: Encourage your members to be faithful in keeping the weekly F.A.T. and refer them to this segment of the 4Ws for suggestions for their F.A.T. A possible time for the F.A.T. is after a meal together, say during the weekend.)

Use the first icebreaker in the WELCOME segment above or any other appropriate icebreaker, and select worship songs that are meaningful to your family. If your children are old enough, ask them to select worship songs and lead worship, and take this opportunity to teach them skills in waiting on God, praying, and leading with a servant’s heart and as a willing vessel for God.

After worship, you may wish to:

1. Discuss last Sunday's Family Bible Study in the Living Life journal, or
2. Review your children's take-home materials from GKidz, or
3. Review and discuss this week's memory verse, or
4. Have one person to read Matthew 22:35-39 and another person to read Luke 7:44-48. Then ask everyone to read aloud together Romans 12:1-2.

Familiarize yourself with the **Introduction** and the **Discovery and Understanding Questions** of the **WORD** segment above, and lead in the following discussion.

**Question: What is your favourite worship song? Why do you like this song?**

*[Let your family members respond freely. They may like it because of the melody or the lyrics, or because it is popular. Hopefully someone will say he/she likes it because it draws him/her deeper in adoration of God or in love with Him. Worship songs serve the function of helping us to express our heart of worship to God.]*

David Mathis, executive editor of desiringGod.org, states: "The heart of worship is our heart, delighting in Jesus and expressing praise to Him."

**Question: How may we cultivate a heart of worship?**

*[Let your family members answer this question spontaneously. Affirm any answer that helps us cultivate a heart of worship and then summarize the two points of Ps Roland's message – see **Introduction, A1** and **A2** in the **WORD** segment above.]*

**Question: How differently would you worship if you were to worship God extravagantly?**

*[Let your family members share freely and spontaneously.]*

**Question: What are some things that is holding you back from extravagant worship?**

*[Let your family members respond freely and honestly to this question without judging them. Some hindrances include self-consciousness, pride, laidback, inhibited and stingy personality, see no need to be extravagant in worship...]*

End by praying that you will all love God passionately and worship Him extravagantly. Pray also for the salvation of pre-believing family members, relatives and friends.

### **Transition to Works:**

*God's Word is clear that our love of God has to be manifested in works. Let us continue in doing these good works by praying for our prebeliever friends, inviting them to our CGs/church, consolidating them and doing other acts of kindness for them.*

### **WORKS (15minutes)**

#### **1. 幸福小组 (XFXZ) Launch**

For those who have completed XFXZ training and gearing up for the launch, spend time praying daily for yourselves and the names of your potential 'Best'. Cry out to God for a heart of passion for Him and compassion for the lost.

#### **2. 3x3 Prayer**

Ask the Holy Spirit to reveal the strongholds that bind the people. Ask Him to set divine appointments for us to minister His power over them (words of knowledge, healing, helps, etc.).

Pray for one another for boldness, courage and obedience to follow through.

### **3. Inviting Friends to our Services**

Continue to encourage one another to invite pre-believing friends to our weekend Services, especially those who attended our recent Cell Christmas Party. Make time to listen to 'The Voice of God' for prophetic utterances that speak to our pre-believing friends' circumstances as a prelude to inviting them. In addition, take some time to discuss, plan an activity and pray toward achieving the goal you have set as a cell.

### **4. Consolidation of New Converts**

Consolidate those who have accepted Christ - contact them via phone calls; meet up with them over a meal; make house visits; introduce them to members of the cell and invite them to fellowship with the faith community during cell meetings and celebration Services. Make them feel belonged.

Introduce them to **LifeClass**. **LifeClass** is an exciting package of equipping that guides new believers through the foundations of their faith and leads them into a life-transforming encounter with Jesus. It does this through nine weeks of personal study, combined with fun and interactive classroom sessions of Bible teaching and an Encounter Weekend. It replaces the former Pre-Encounter Class, Encounter Weekend and Post Encounter. Please check out the Equipping page at our website or Mobile App. Visit <https://fcbc.org.sg/equipping/event-listing> for more details.

### **5. Connecting with your prebeliever friends**

Create opportunities to do so - invite them for lunch/dinner/to go for a show; offer to babysit; buy groceries for them; buy them birthday gifts; do special things to make them feel loved and honoured.

### **Announcements:**

Please visit <https://www.fcbc.org.sg/bulletin/> or our FCBC app for more details.