

## 4Ws for Week 11, 11- 17 Mar 2019

### WELCOME (15minutes)

Choose one of the following icebreakers:

*(If you have first-time guests, begin with a round of introduction and warmly welcome the new visitors.)*

#### 1. Photo Scavenger Hunt

This is an outdoor activity to be played in the vicinity/neighbourhood. Divide the members into 2 to 3 smaller groups. Get each group to take pictures (according to the clues given below) within the vicinity or neighbourhood and be back within a time limit, e.g., 20 minutes. The group with the most pictures that match the clues wins.

##### Examples of Clues:

- A playground
- A fitness corner
- A bicycle
- A yellow car
- A letterbox
- A lamp post
- 2 persons pointing at each other
- Someone in a red top
- A cat
- A flower

**Notes:** Facilitator is to prepare 10 clues for the scavenger hunt prior to the meeting. For safety, choose safe and brightly lit areas such as void decks or neighbourhood malls and get participants to move in groups.

**Materials Needed:** Clues for scavenger hunt to be sent via WhatsApp/other messaging apps. Each group to have a camera phone for taking pictures of the clues.

#### 2. Name Cards

Pass each member a pen and a card. Each person is to draw a self-portrait, write his/her nickname and one fun fact about himself/herself. Then collect the cards and distribute it out to the participants randomly. Each participant is to read the details on the card and guess who the person is. Participants are encouraged to ask questions to learn more about the card's owner.

**Materials Needed:** A5 paper or cards and pens for each participant.

##### **Transition to Worship:**

*I am sure we all had fun playing the game. We have learnt some new things (about the neighbourhood – if the first icebreaker is played/about each other – if the second icebreaker is played). It is indeed a glorious day today as we enjoy ourselves getting to know (the neighbourhood/each other). Let's praise God for this glorious day & worship Him.*

### WORSHIP (20 minutes)

You may use the following suggested worship songs:

- 1) Glorious Day (G)
- 2) Forever Reign (D)
- 3) Great Are You Lord (D)
- 4) You Are Faithful (G)

Wait upon the Lord and allow the Holy Spirit to speak to everyone who hungers for His presence. Encourage the release of words, visions, tongues and interpretation of tongues - to minister to the people who are present.

**Transition to Word:**

*Indeed we worship & serve a faithful God who has declared that He remains faithful to us even though we are faithless. Let's now look into His Word & see the faithfulness of God in His Word as He fulfils His promises in our lives.*

**WORD (45minutes)**

**Memory verse of the week: Hebrews 6:10 (NIVUK)**

<sup>10</sup> God is not unjust; he will not forget your work and the love you have shown him as you have helped his people and continue to help them.

**Sermon Title: A Heart of Faith**

**By Rev Roland Lee**

**on 09-10 Mar 19**

**Scripture: Hebrews 11:6 (NIVUK)**

And without faith it is impossible to please God...

**Introduction**

In this week's message, we review three areas of our lives that we require to examine in order to grow a *heart of faith*:

1. Our Contentment.
2. Our Competence.
3. Our Calling.

When we exercise our heart of faith in these three areas of our lives, we will then enter *fully* into God's destiny for our lives.

**Discovery and Understanding Questions:**

**Q1.** What are some of the "contentment" of life. How would you define these?

**Hebrews 11:24-25 (NIVUK)**

<sup>24</sup> By faith Moses, when he had grown up, refused to be known as the son of Pharaoh's daughter. <sup>25</sup> He chose to be ill-treated along with the people of God rather than to enjoy the fleeting pleasures of sin.

**1 John 2:15-16 (NIVUK)**

<sup>15</sup> Do not love the world or anything in the world. If anyone loves the world, love for the Father is not in them. <sup>16</sup> For everything in the world – the lust of the flesh, the lust of the eyes, and the pride of life – comes not from the Father but from the world. <sup>17</sup> The world and its desires pass away, but whoever does the will of God lives for ever.

**Hebrews 11:23-26 (NIVUK)**

<sup>23</sup> By faith Moses' parents hid him for three months after he was born, because they saw he was no ordinary child, and they were not afraid of the king's edict.

<sup>24</sup> By faith Moses, when he had grown up, refused to be known as the son of Pharaoh's daughter. <sup>25</sup> He chose to be ill-treated along with the people of God rather than to enjoy the fleeting

pleasures of sin. <sup>26</sup> He regarded disgrace for the sake of Christ as of greater value than the treasures of Egypt, because he was looking ahead to his reward.

**A1.** Lust of eyes – coveting what our eyes see; lust of flesh – coveting the desires of the flesh: pride of life – pursuing status in life.

**Q2.** What are the excuses Moses gave? What is God’s response? What is its meaning to you to assure you of your competence?

**A2.**

Moses’ Excuse	God’s Response	Its Meaning to Me
Who am that I should go to Pharaoh and bring the Israelites out of Egypt?	“I will be with you”.	God’s <i>Presence</i> will be with us.
Suppose I go to the Israelites and say to them, “The God of your fathers has sent me to you,” and they ask me, “What is his name?” Then what shall I tell them?’	“I AM WHO I AM ...I AM has sent me to you.”	God’s <i>Power and authority</i> will move with us.
What if they do not believe me or listen to me and say, “The LORD did not appear to you”?	God gave Moses 3 signs of His power, working through Moses.	God will <i>provide</i> what we need to fulfil His purposes.
Lord. I have never been eloquent, neither in the past nor since you have spoken to your servant. I am slow of speech and tongue.	“I will help you speak and will teach you what to say.”	God will <i>empower</i> us to do His work.
Please send someone else.	“What about your brother, Aaron the Levite? I know he can speak well.... ; I will help both of you speak and will teach you what to do. He will speak to the people for you,	God will bring alongside us <i>people</i> to help us.

**Exodus 3:11,12 (NIVUK)**

<sup>11</sup> But Moses said to God, ‘Who am I that I should go to Pharaoh and bring the Israelites out of Egypt?’ <sup>12</sup> And God said, ‘I will be with you....’

**Exodus 3:13, 14 (NIVUK)**

<sup>13</sup> Moses said to God, ‘Suppose I go to the Israelites and say to them, “The God of your fathers has sent me to you,” and they ask me, “What is his name?” Then what shall I tell them?’

<sup>14</sup> God said to Moses, ‘I AM WHO I AM.’<sup>[a]</sup> This is what you are to say to the Israelites: “I AM has sent me to you.”’

**Exodus 4:1-9 (NIVUK)**

<sup>4</sup> Moses answered, ‘What if they do not believe me or listen to me and say, “The LORD did not appear to you”?’ <sup>2</sup> Then the LORD said to him, ‘What is that in your hand?’

‘A staff,’ he replied.<sup>3</sup> The LORD said, ‘Throw it on the ground.’ Moses threw it on the ground and it became a snake, and he ran from it. <sup>4</sup> Then the LORD said to him, ‘Reach out your hand and take it by the tail.’ So Moses reached out and took hold of the snake and it turned back into a staff in his hand. <sup>5</sup> ‘This,’ said the LORD, ‘is so that they may believe that the LORD, the God of their fathers – the

God of Abraham, the God of Isaac and the God of Jacob – has appeared to you.’<sup>6</sup> Then the LORD said, ‘Put your hand inside your cloak.’ So Moses put his hand into his cloak, and when he took it out, the skin was leprous – it had become as white as snow.<sup>7</sup> ‘Now put it back into your cloak,’ he said. So Moses put his hand back into his cloak, and when he took it out, it was restored, like the rest of his flesh.<sup>8</sup> Then the LORD said, ‘If they do not believe you or pay attention to the first sign, they may believe the second.’<sup>9</sup> But if they do not believe these two signs or listen to you, take some water from the Nile and pour it on the dry ground. The water you take from the river will become blood on the ground.’

#### **Exodus 4:10-11 (NIVUK)**

<sup>10</sup> Moses said to the LORD, ‘Pardon your servant, Lord. I have never been eloquent, neither in the past nor since you have spoken to your servant. I am slow of speech and tongue.’

<sup>11</sup> The LORD said to him, ‘Who gave human beings their mouths? Who makes them deaf or mute? Who gives them sight or makes them blind? Is it not I, the LORD?’<sup>12</sup> Now go; I will help you speak and will teach you what to say.’

#### **Exodus 4:13-16 (NIVUK)**

<sup>13</sup> But Moses said, ‘Pardon your servant, Lord. Please send someone else.’<sup>14</sup> Then the LORD’s anger burned against Moses and he said, ‘What about your brother, Aaron the Levite? I know he can speak well. He is already on his way to meet you, and he will be glad to see you.’<sup>15</sup> You shall speak to him and put words in his mouth; I will help both of you speak and will teach you what to do.<sup>16</sup> He will speak to the people for you, and it will be as if he were your mouth and as if you were God to him.

#### **Application Questions:**

Break into smaller groups, share, pray and minister to one another.

**Q1.** Have you been content with life? How is this affecting your love, commitment and service to Him? What is one step you can take to ensure to improve in this area?

#### **Exodus 2:21--22 (NKJV)**

Moses agreed to stay with the man, who gave his daughter Zipporah to Moses in marriage.

**Q2.** Study Moses’ excuses? Think back to the occasion/s you have used such excuses. How can you overcome in these areas? How can you get encouragement from God’s Word to move forward with a heart of faith?

#### **1 Corinthians 1:25-29**

<sup>26</sup> Brothers and sisters, think of what you were when you were called. Not many of you were wise by human standards; not many were influential; not many were of noble birth.<sup>27</sup> But God chose the foolish things of the world to shame the wise; God chose the weak things of the world to shame the strong.<sup>28</sup> God chose the lowly things of this world and the despised things—and the things that are not—to nullify the things that are,<sup>29</sup> so that no one may boast before him.

#### **Exodus 14:15-16, 26-30 (ESV)**

<sup>5</sup> Then the LORD said to Moses, “Why are you crying out to me? Tell the Israelites to move on.

<sup>26</sup> Then the LORD said to Moses, “Stretch out your hand over the sea so that the waters may flow back over the Egyptians and their chariots and horsemen.”<sup>27</sup> Moses stretched out his hand over the sea, and at daybreak the sea went back to its place. The Egyptians were fleeing toward it, and the LORD swept them into the sea.<sup>28</sup> The water flowed back and covered the chariots and horsemen—the entire army of Pharaoh that had followed the Israelites into the sea. Not one of them

survived. <sup>29</sup> But the Israelites went through the sea on dry ground, with a wall of water on their right and on their left. <sup>30</sup> That day the LORD saved Israel from the hands of the Egyptians, and Israel saw the Egyptians lying dead on the shore.

### **Family Altar Time (F.A.T.)**

(Cell Leader: Encourage your members to be faithful in keeping the weekly F.A.T. and refer them to this segment of the 4Ws for suggestions for their F.A.T. A possible time for the F.A.T. is after a meal together, say during the weekend.)

Use either of the two icebreakers in the WELCOME segment above, and select worship songs that are meaningful to your family. If they are old enough, ask your children to select the songs and lead worship, and take this opportunity to teach them skills in waiting on God, praying, and leading with a servant's heart and as a willing vessel for God.

After worship, you may wish to:

- 1) Discuss last Sunday's Family Bible Study in the Living Life journal, or
- 2) Review your children's take-home materials from GKidz ([www.fcbc.org.sg/youthchildren/gkidz/parents](http://www.fcbc.org.sg/youthchildren/gkidz/parents)), or
- 3) Review and discuss this week's memory verse, or
- 4) Have one person to read Hebrews 11:6,23-26, another to read Exodus 3:11-15, another to read Exodus 4:1-9, and another, Exodus 4:10-16.

Last weekend, Ps Roland Lee preached from the life of Moses about what may trip us in our journey of faith and keep us from believing and obeying God in what He calls us to do. With reference to the **Introduction** and the **Discovery and Understanding Questions** of the **WORD** segment above, lead in the following discussion.

**Question: What are some things or circumstances that may keep us from believing and obeying God in what He calls us to do?**

*[Let your family members share freely. Then with reference to your notes and the points in the Discovery and Understanding Questions in the WORD segment above, briefly summarise the 4 factors that Ps Roland preached about – comforts, complacency, competence and calling.]*

**Question: Have you ever allowed inadequacy and incompetence to keep you from doing things for God? Share an example.**

*[Let your family members share freely.]*

**Question: Are inadequacy and incompetence keeping you from doing something for God right now? How will God's assurances to Moses help you in the current situation?**

*[Let your family members respond freely. Remind them of God's promises to Moses, which He will give us as His servants: His presence (Exodus 3:12), His power and authority (Exodus 3:14-15), His provisions and resources (as seen in the 3 signs He enabled Moses to perform (Exodus 4:1-9), His empowerment (giving Him the power and the message to speak, Exodus 4:12), and people to come alongside us to help us (Exodus 4:14-16).]*

End by praying for each other, especially in what was shared in the last question, that we will grow in faith in God and His promises, so as to do what God has prompted us to do for Him. Pray also for the salvation of pre-believing family members, relatives and friends.

## **Transition to Works:**

*God has promised in His Word that He will be with us and will empower us for His work, so that we can do the impossible through His power. He is a faithful God and will fulfil as He has promised in His Word. Let us now move with the confidence of His Word and His faithfulness to establish His Word in our lives as we reach out to our 3x3 and as we embark on XFXZ.*

## **WORKS (15minutes)**

### **1. 幸福小组 (XFXZ) – Week 3/Topic 3: The Superstar of all Generations (11 - 17 Mar)**

- Review last weekend's training and improve on this week's XFXZ session.
- Continue praying in unity for your 'Best' to experience the power of the gospel and to know God.
- Re-confirm attendance of your 'Best' as early as possible.
- Before XFXZ meeting: arrive earlier to prepare for the meeting. Pray half an hour before 'Best' arrive.
- After XFXZ meeting: debrief with the XFXZ members on this week's meeting.
- Continue to build relationship with your 'Best' and follow up after the session. Look for practical ways and find an opportunity to express care and encourage them to come for next week's XFXZ.

### **2. 3x3 Prayer**

Ask the Holy Spirit to reveal the strongholds that bind the people. Ask Him to set divine appointments for us to minister His power over them (words of knowledge, healing, helps, etc.). Pray for one another for boldness, courage and obedience to follow through.

### **3. Inviting Friends to our Services**

Continue to encourage one another to invite pre-believing friends to our weekend Services. Make time to listen to 'The Voice of God' for prophetic utterances that speak to our pre-believing friends' circumstances as a prelude to inviting them. In addition, take some time to discuss, plan an activity and pray toward achieving the goal you have set as a cell.

### **4. Connecting with your pre-believer friends**

Create opportunities to do so - invite them for lunch/dinner/to go for a show; offer to babysit; buy groceries for them; buy them birthday gifts; do special things to make them feel loved and honored.

### **5. Consolidation of New Converts**

Consolidate those who have accepted Christ - contact them via phone calls; meet up with them over a meal; make house visits; introduce them to members of the cell and invite them to fellowship with the faith community during cell meetings and celebration Services. Make them feel belonged.

Introduce them to **LifeClass**. **LifeClass** is an exciting package of equipping that guides new believers through the foundations of their faith and leads them into a life-transforming encounter with Jesus. It does this through nine weeks of personal study, combined with fun and interactive classroom sessions of Bible teaching and an Encounter Weekend. It replaces the former Pre-Encounter Class, Encounter Weekend and Post Encounter. Please check out the Equipping page at our website or Mobile App. Visit <https://fcbc.org.sg/equipping/event-listing> for more details.

**Announcements:**

Please visit <https://www.fcbc.org.sg/bulletin/> or our FCBC app for more details.