

## 4Ws for Week 32, 05 - 11 Aug 2019

### WELCOME (15minutes)

Choose one of the following icebreakers:

*(If you have first-time guests, begin with a round of introduction and warmly welcome the new visitors.)*

#### 1. Jump In, Jump Out

- Form a circle, holding hands, facing in to the center.
- Announce that you want the group to – “SAY WHAT I SAY, AND DO WHAT I SAY.”
- Practice this skill with one of four commands – “JUMP IN,” “JUMP OUT,” “JUMP LEFT” or “JUMP RIGHT.”
- Call out a series of ‘Jump’ commands, one after another for 20 seconds.
- Re-form the circle, and announce that you now want the group to – “SAY THE OPPOSITE OF WHAT I SAY, AND DO WHAT I SAY.”
- Continue with a series of ‘jump’ commands, one after another for 20 seconds, or until the circle breaks up too much.

You can watch the game in the video: <https://www.youtube.com/watch?v=k6bHltjIYZE>

#### 2. Making Connections

- Gather your group in a large open space.
- Ultimate objective is to create one large circle in which every person is physically linked with two others.
- Ask one volunteer to stand with one hand on their hip, and then share one or more statements about themselves to the group.
- When someone from the rest of the group hears a statement that they have in common with the first volunteer, they are invited to link elbows with them.
- This second person then shares something about themselves to the larger group, to attract a new person to link elbows with them, and so on.
- This process of sharing and linking continues one by one.
- To complete the circle, invite the last person to join the long chain of connections to share something about themselves to link with the very first volunteer.

You can watch this game in the video: <https://www.youtube.com/watch?v=5vp2Jgtei0E>

#### Transition to Worship:

*Praise God for loving us so much that while we are sinners, He still sent His Son to die for us on the cross. So that, through the blood of Jesus we are set free from all bondages and be reconciled to Him as our heavenly Father. Therefore, we will worship Him with all our strength, our soul and all our might. To God be the Glory forever and ever!*

### WORSHIP (20 minutes)

You may use the following suggested worship songs:

- 1) Forever (D)
- 2) Majestic – Lincoln Brewster (A)
- 3) Pour My Love On You (G)
- 4) Worthy (D)

Do give some time to wait upon the Lord for the ministry of the Holy Spirit. Encourage the release of the gifts of the Holy Spirit - words, visions, tongues and interpretation of tongues - to minister to the people who are present.

**Transition to Word:**

*Heavenly Father, we thank You for bearing our cross so that we can live in freedom! As we spend time discussing Your Word, grant us the sensitivity to the guidance of Your Holy Spirit and to follow His instruction and leading, so that we will always walk in Your purposes and will in our lives. In Jesus' name we pray, Amen!*

**WORD (45minutes)**

**Memory verse of the week: Philippians 3:8**

I consider everything a loss because of the surpassing worth of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them garbage, that I may gain Christ.

**Sermon Title: The In-Between Place**

**By DSP Rev. Daniel Khong**

**on 03-04 Aug 19**

**Scripture Passage: Ecclesiastes 3:1, 11-15 (NIVUK)**

<sup>1</sup>To everything *there is* a season, A time for every purpose under heaven:

<sup>11</sup> He has made everything beautiful in its time. Also He has put eternity in their hearts, except that no one can find out the work that God does from beginning to end. <sup>12</sup> I know that nothing *is* better for them than to rejoice, and to do good in their lives, <sup>13</sup> and also that every man should eat and drink and enjoy the good of all his labour—it *is* the gift of God. <sup>14</sup> I know that whatever God does, it shall be forever. Nothing can be added to it, and nothing taken from it. God does *it*, that men should fear before Him. <sup>15</sup> That which is has already been, and what is to be has already been; and God requires an account of what is past.

**Introduction**

Every season is a season of change; in life we also have our season of change. Every moment in life, change is taking place and change is happening all the time. There are no fixed constraints for seasons of change or in-between where we wait to cross over to the next season. But the thing is that change always makes us feel like we are in an in-between place. We can't quite make sense of every single thing that's happening. We don't know what's in store. Sometimes, it's even confusing. This is life and we must learn to be comfortable and embrace these in-between places. As change is constant and inevitable.

“Change is not always pleasant, but change is constant. Only when we change and grow, we'll see a world we never knew.”

There are 2 truths that will enable us to grow through the in-between places:

- 1. God is Constant – Follow Him**
- 2. God is in Control – Trust Him**

**Discovery and Understanding Questions:**

**Q1. What are the two truths that will enable us to grow through the in-between moments and explain why it is important for us?**

**A1.** The 2 truths that will enable us to grow through the in-between places are:

1. God is Constant – Follow Him
2. God is in Control – Trust Him

When in the in-between moments where things become a little chaotic, uncertain and we feel uncomfortable, that is why we need to follow a constant God who can be in control to lead us to grow out of that situation into the next season, so that we are not lost in the wilderness like the Israelites and not reached our destination that God has intended for us.

**Q2. What do we do usually when we end up in those in-between moments?**

**A2.** Whenever we find ourselves in those in-between places, we tend to forget God. We look at the situations and the scenarios around us and we tend to focus on that. So, instead of choosing to follow God, we end up following our hearts – our feelings, and our desires and lost sight of God.

**Q3. What does it mean to fear the Lord? Does it mean to be afraid of Him?**

**A3.** To fear Him is not just to be afraid of Him. It is to understand and know just how great God is. And because of that, we revere and honour Him. When we truly know how great God is, we will fear Him. And part of that fear is a trust – knowing that He is in control.

#### **Application Questions:**

Break into smaller groups, share, pray and minister to one another.

**Q1.** Is God our anchor in moments of our in-between places? Share why you choose to follow your own heart rather than God in these moments.

**Q2.** Share how you can better follow and trust God in your daily walk and especially in moments of in-between places in your life.

**Pray and proclaim that:** “our destiny was created in eternity and our life is experienced in seasons.” (Steven Furtick). And that we will embrace change so that we can grow and see a world we never knew.

#### **Family Altar Time (F.A.T.)**

(Cell Leader: Encourage your members to be faithful in keeping the weekly F.A.T. and refer them to this segment of the 4Ws for suggestions for their F.A.T. A possible time for the F.A.T. is after a meal together, say during the weekend.)

Use either of the icebreakers in the WELCOME segment above and select worship songs that are meaningful to your family. If they are old enough, ask your children to select the songs and lead worship, and take this opportunity to teach them skills in waiting on God, praying and leading with a servant’s heart and as a willing vessel for God.

After worship, you may wish to:

1. Discuss last Sunday’s Family Bible Study in the Living Life journal, or
2. Review your children’s take-home materials from GKidz, or
3. Review and discuss this week’s memory verse, or
4. Have one person read Ecclesiastes 3:1-8, another person read Ecclesiastes 3:11-15 and Luke 6:47-49, and another, Revelation 1:8 and Mark 4:39.

With reference to the **Introduction** and the **Discovery and Understanding Questions** of the **WORD** segment above, lead in the following discussion.

**Question: Share about some transitions in your life and how you felt when you were going through those transitions.**

*[Let your family members share freely. The Bible acknowledges that there are different seasons in life (Ecclesiastes 3:1-8). When we move from one phase of our life to another, like the change from one season to another (e.g., winter to spring), it can be unsettling because we have left the previous phase, but have not reached the next. It could feel like a change in gear in driving, or when you are doing the trapeze – letting go of the previous bar and needing to catch the next.]*

**Question: What are some anchors (constants) in your life? Rank them in order of how stable or constant they are. How do they anchor your life?**

*[Let your family members share freely. Some may mention God, family, house, job, money, BFF, friends, education...etc. Our lives revolve around many of these things, and it is natural to start anchoring ourselves on them. But God alone is unchanging and it is wisest to prioritize building our lives on our relationship with Him and with His word (Luke 6:47-49). God anchors our life by helping us keep our eyes on His unconditional love, His purpose and calling upon our lives as His precious sons/daughters, and His power/provision to lead us through every circumstance of our lives. He is our all-in-all, sufficient for all our needs, and in His Presence, there is fullness of joy.]*

**Question: How do we ensure that the transitions we go through add value to our lives?**

*[Let your family members share freely. If we are currently undergoing a transition, learning to follow God and trust in Him, who is constant and in control, will build our faith. If we are not currently going through a transition, we need to build our understanding that God is constant and in control, in preparation for the inevitable transitions in our lives. Otherwise, when the storm comes, we may be washed away (c.f., Luke 6:49).]*

End by praying for each other, that we will grow in our knowledge that God is constant and in control. Pray also for the salvation of pre-believing family members, relatives and friends.

#### **Transition to Works:**

*Dear Lord, thank You for being constant and in control of our lives. As long as we learn to follow You and trust You in every moment of our lives, we will be victorious in everything we do, and we will not be afraid of the change of season in our lives. We commit to follow and trust in You as You are the constant in our lives and You are always in control. In Jesus' name we pray, Amen!*

#### **WORKS (15minutes)**

##### **1. COH – Harvest of Souls**

Although it's been more than two months, do continue to pray for the assimilation of all the new converts and those who have rededicated their lives at the rallies. Pray also for all these converts and guests to be invited to our services this weekend, so that we can successfully consolidate them into our church and cells.

##### **2. Happiness Group (幸福小组)**

For those from the pilot launch, do continue to build relationship with your 'BEST' and encourage them to attend our weekend Services. Challenge them to get baptized and sign them up for the next baptism. To download baptism forms, click on this URL link:

[www.fcbc.org.sg/pastoral-care/baptism](http://www.fcbc.org.sg/pastoral-care/baptism). Press on with the consolidation of your BESTs!

For those who will be involved in the Happiness Group Round 1 (19 Aug to 24 Nov), step up prayers even as you make preparation for your Happiness Group. Continue to plan activities to connect with your potential BESTs, and meet up with your Happiness group members to pray, plan, bond and team-build.

### **3. 3x3 Prayer**

Ask the Holy Spirit to reveal the strongholds that bind the people. Ask Him to set up divine appointments for us to minister His power over them (words of knowledge, healing, helps, etc.). Pray for one another to have boldness, courage and obedience to follow through.

### **4. Inviting Friends to our Services**

Continue to encourage one another to invite pre-believing friends to our weekend Services. Make time to listen to 'The Voice of God' for prophetic utterances that speak to our pre-believing friends' circumstances as a prelude to inviting them. In addition, take some time to discuss, plan an activity and pray toward achieving the goal you have set as a cell.

### **5. Connecting with your pre-believer friends**

Create opportunities to do so - invite them for lunch/dinner/to go for a show; offer to babysit; buy groceries for them; buy them birthday gifts; do special things to make them feel loved and honoured.

### **6. Consolidation of New Converts**

Consolidate those who have accepted Christ - contact them via phone calls; meet up with them over a meal; make house visits; introduce them to members of the cell and invite them to fellowship with the faith community during cell meetings and celebration Services. Make them feel belonged.

Introduce them to **LifeClass**. **LifeClass** is an exciting package of equipping that guides new believers through the foundations of their faith and leads them into a life-transforming encounter with Jesus. It does this through nine weeks of personal study, combined with fun and interactive classroom sessions of Bible teaching and an Encounter Weekend. It replaces the former Pre-Encounter Class, Encounter Weekend and Post Encounter. Please check out the Equipping page at our website or Mobile App. Visit <https://fcbc.org.sg/equipping/event-listing> for more details.

### **Announcements:**

Please visit <https://www.fcbc.org.sg/bulletin/> or our FCBC app for more details.