

## 4Ws for Week 7, 10-16 Feb 2020

### WELCOME (15minutes)

Choose one of the following icebreakers:

*(If you have first-time guests, begin with a round of introduction and warmly welcome the new visitors.)*

#### 1. Paper Airplane

Everyone makes a paper airplane and writes their name and concerns about the current situation of Novel Coronavirus. On cue, everyone throws their airplane around the room, picks up others' airplanes, and keeps throwing them. The leader says stop after one or two minutes. Everyone must have one paper airplane and read out the concerns written on the paper plan. Pair up two-by-two and pray for one another.

*Materials to prepare: paper, pen or pencil.*

#### 2. Piece the Psalms together - Psalm 91

<sup>1</sup>Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty.

<sup>2</sup>I will say of the Lord, "He is my refuge and my fortress, my God, in whom I trust."

<sup>3</sup>Surely he will save you from the fowler's snare and from the deadly pestilence.

<sup>4</sup>He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart.

<sup>5</sup>You will not fear the terror of night, nor the arrow that flies by day,

<sup>6</sup>nor the pestilence that stalks in the darkness, nor the plague that destroys at midday.

<sup>7</sup>A thousand may fall at your side, ten thousand at your right hand, but it will not come near you.

<sup>8</sup>You will only observe with your eyes and see the punishment of the wicked.

<sup>9</sup>If you say, "The Lord is my refuge," and you make the Most High your dwelling,

<sup>10</sup>no harm will overtake you, no disaster will come near your tent.

<sup>11</sup>For he will command his angels concerning you to guard you in all your ways;

<sup>12</sup>they will lift you up in their hands, so that you will not strike your foot against a stone.

<sup>13</sup>You will tread on the lion and the cobra; you will trample the great lion and the serpent.

<sup>14</sup>"Because he loves me," says the Lord, "I will rescue him; I will protect him, for he acknowledges my name.

<sup>15</sup>He will call on me, and I will answer him; I will be with him in trouble, I will deliver him and honour him.

<sup>16</sup>With long life I will satisfy him and show him my salvation."

Print out Psalms 91 and cut out the 16 verses into strips, mixing them up in a bowl. Have the cell turn to their Bible to read Psalms 91 aloud and to remember as much as they could. You can run through the Scriptures a few times. Thereafter have each of them pick up the cuttings. The challenge is for the cell to piece Psalms 91 together in the shortest possible time with minimal/no reference to the Bible. You can repeat the game to achieve the best results.

#### Transition to Worship:

"I will say of the Lord, "He is my refuge and my fortress, my God, in whom I trust." (Repeat 3 times).  
Lord, we *come before You today to declare that we will trust in you. You are our confidence and our fortress! We welcome You, Holy Spirit into our midst and we worship You.*

## **WORSHIP (20 minutes)**

You may use the following suggested worship songs:

- 1) Did You Feel The Mountains Tremble (D)
- 2) Majestic – Lincoln Brewster (A)
- 3) Amazing Grace (D)
- 4) Build My Life (D)

Be sensitive to the prompting of the Holy Spirit to wait upon the Lord for the ministry of the Holy Spirit. Encourage the release of the gifts of the Holy Spirit - words, visions, tongues and interpretation of tongues - to minister to the people who are present.

### **Transition to Word:**

*Our Father, thank You for Your faithfulness and goodness. Even when we are surrounded by uncertainties, we remember Your name which is above all other names. In all that we do, open our eyes to see You and lean on You. In Jesus name we pray, Amen!*

## **WORD (45minutes)**

### **Memory verse of the week: John 10:11 (NIVUK)**

*"I am the good shepherd. The good shepherd lays down his life for the sheep"*

### **Sermon Title: Exemplary**

**By Senior Pastor Daniel Khong**

**on 8 – 9 Feb 2020**

### **Scripture Passage: Matthew 5:13-16 (NLT)**

<sup>13</sup> "You are the salt of the earth. But what good is salt if it has lost its flavor? Can you make it salty again? It will be thrown out and trampled underfoot as worthless. <sup>14</sup> "You are the light of the world—like a city on a hilltop that cannot be hidden. <sup>15</sup> No one lights a lamp and then puts it under a basket. Instead, a lamp is placed on a stand, where it gives light to everyone in the house. <sup>16</sup> In the same way, let your good deeds shine out for all to see, so that everyone will praise your heavenly Father.

### **Introduction**

In the light of the outbreak and spread of the Novel Coronavirus in China and around the world, SP Daniel shared that he believes fully and absolutely in responding in faith during a time such as this. But yet, there is also a social responsibility that we have as a Church to make sure we do our utmost to prevent the further spread of this virus within our community and nation.

God calls us to be Exemplary as we face this challenge of the spread of the Novel Coronavirus. What is Exemplary? It means to set a standard for people to follow. As Christians, we have a duty to be Exemplary in our conduct and action when facing challenges and adverse circumstances. SP Daniel then challenged us that we must do these two things to demonstrate being Exemplary and in setting a standard for others to follow. To be **Exemplary** is:

- 1. Dare to be Different**
- 2. Decide to be Better**

## Discovery and Understanding Questions:

**Q1. “As Christians we are called to be in the world and not of the world.” What is your understanding of this statement?**

**A1.** We know that we are living in a world that is filled with fear; we live among people of hopelessness; we are faced with all sorts of challenges. Jesus did not pray to the Father to take us out of this fallen world but to keep us from the evil one. As believers, we do not succumb to fear or adverse circumstances that are happening around us; rather we are to stand strong on the truth of God. We are to respond by living in the Spirit and not yielding to the lust and weakness of our flesh. We are to keep in step with the Spirit and not be gripped by fear and anxiety. **If we are like the world, how then can we stand out and be different from the world!**

### **John 17:14-15 (NKJV)**

<sup>14</sup> I have given them Your word; and the world has hated them because they are not of the world, just as I am not of the world. <sup>15</sup> I do not pray that You should take them out of the world, but that You should keep them from the evil one.

### **Galatians 5:16 (NKJV)**

<sup>16</sup> I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh.

**Q2.** While we know that we are to live in step with the Spirit and not our flesh, what makes us cave in to our flesh when we face seemingly insurmountable challenges?

**A2.** Often, when we are facing a crisis or find ourselves trapped in darkness, we forget the name of the Lord. At that moment, we have forgotten that God is bigger than our situation. But when we remember that the Lord is our Deliverer and Salvation in our time of crisis, we can do better.

### **Psalms 20:7 (NKJV)**

<sup>7</sup> Some *trust* in chariots, and some in horses; But we will **remember** the name of the Lord our God.

### **Psalms 91 (NKJV)**

<sup>9</sup> Because you have made the Lord, who is my refuge, even the Most High, your dwelling place, <sup>10</sup> no evil shall befall you, nor shall any plague come near your dwelling; <sup>11</sup> For He shall give His angels charge over you, to keep you in all your ways..... <sup>14</sup> “Because he has set his love upon Me, therefore I will deliver him; I will set him on high, because he has known My name. <sup>15</sup> He shall call upon Me, and I will answer him; I will be with him in trouble; I will deliver him and honor him. <sup>16</sup> With long life I will satisfy him, and show him My salvation.”

## Application Questions:

Break into smaller groups, share, pray and minister to one another.

**Q1.** Are you in a situation where you feel hopeless? Are you fearful? SP Daniel encourages us to put our hope in the Lord and to go beyond (**dare be different**). How can you begin to apply it in your situation?

**Q2.** What are some practical ways or good deeds, as an individual or a cell that you can do to rise up (**be better**) and serve those around you who are anxious and fearful over the spread of the Novel Coronavirus or the current challenges in life?

## **Transition to Works:**

*Lord, thank You for SP Daniel's word of reminder to **dare to be different** and **decide to be better** in our response in this challenging times. May we be Your light and salt and bring your message of peace and hope to those around us.*

### **WORKS (15minutes)**

#### **1. Happiness Group (幸福小组)**

Press on with the consolidation of your BESTs. Continue to build relationships and encourage them to attend our weekend Services. Challenge them to get baptized and sign them up for the next baptism. To download baptism forms, click on this URL link: [www.fcbc.org.sg/pastoral-care/baptism](http://www.fcbc.org.sg/pastoral-care/baptism).

#### **2. XFXZ Wave 3 – (Launching on the week of 17 Feb 2020)**

Let's start making as many connections as possible and praying for all our potential BESTs.

#### **3. 3x3 Prayer**

Ask the Holy Spirit to reveal the strongholds that bind the people. Ask Him to set up divine appointments for us to minister His power over them (words of knowledge, healing, helps, etc.). Pray for one another to have boldness, courage and obedience to follow through.

#### **4. Consolidation of New Converts**

Assimilate them! Let them have a sense of belonging with our faith community! Connect with them via phone calls; meet up with them over a meal; make home visits; introduce them to cell members and invite them to fellowship with our faith community in cell groups and in church.

#### **Announcements:**

Please visit <https://www.fcbc.org.sg/bulletin/> or our FCBC App for more details.