

## 4Ws for Week 10 (03 – 09 March 2025)

### WELCOME (15 minutes)

*(If there are first-time guests, begin with a round of introduction and warmly welcome the new visitors.)*

#### Suggested icebreakers:

##### 1. Season of Fresh Winds

As we enter into the season of the Holy Spirit's fresh winds, what are you anticipating?

##### 2. A New Name

Abram and Sarai and Saul were given new names when they entered into a covenantal relationship with God. Abram became Abraham; Sarai became Sarah and Saul, Paul. If you could change your name, what would it be? Why?

### WORSHIP (20 minutes)

*(Encourage members to allow the Holy Spirit to minister through them by sharing words, visions, tongues and interpretations of tongues.)*

#### Suggested worship songs:

1. Endless Praise
2. Make Room

### WORD (45 minutes)

**Preacher:** Ps Wang Guang Han

**Scripture Passage:** Psalm 62:1-12

**Sermon Title:** Choosing Contentment

#### Introduction

We live in a world that is constantly changing. Discontentment is rampant - we chase after success, relationships and material things, only to be disappointed. We need to learn to choose contentment in order to remain steadfast in spite of our circumstances. David placed his trust wholly in God alone - he instructed his soul to rest in the Lord. Paul, even while in prison, discovered that contentment lay in learning to rest in God's faithfulness and His unchanging goodness.

Contentment is not a given; we must learn and decide to choose it daily. Instead of letting our circumstances define our satisfaction, we must anchor our hearts in God, for only He offers lasting satisfaction.

In order to find true contentment in God we need to:

1. **Look to God** - *instead of our Circumstances*
2. **Trust in God** - *instead of our Plans*

#### Discovery and Understanding Questions:

**Q1. Meditate on Psalm 62:5-6 and Philippians 4:11-13. How did David and Paul shift their focus from their circumstances and learn true contentment in every situation?**

**A1:** God remains the one constant in a world of uncertainty.

David expresses his unwavering trust in God amid adversity – despite opposition from his enemies, and betrayal from those close to him, he chose to shift his focus entirely on God, rather than give in to fear or despair. In Psalm 62:5-6, David speaks to his own soul, commanding it to find rest in God alone - his hope, strength, and stability come from the Lord, not from his circumstances. He declares that God is his Rock, Salvation, and Fortress —no matter what happens, he will not be shaken.

For Paul, his joy and peace are not dependent on material possessions or favourable circumstances. He has "learned to be content whatever the circumstances," whether in abundance or in need. The key to his contentment: "I can do all this through him who gives me strength." Paul looked to God and chose contentment despite his situation.

**Q2. Read Psalm 62, Matthew 6:31-33, 1 Timothy 6:6-10 and Hebrews 13:5. How do these verses encourage you to place your trust in God instead of in your plans and circumstances?**

**A2.** We are all God's creation. Success and wealth come from Him. True contentment is not about getting what we want but trusting in who God is and His plans for our lives (Psalm 62). Life is fleeting; wealth is uncertain; plans can fail, and riches do not last. God is all-powerful and sovereign. His love never fails. Unlike wealth or success which is temporary, God's grace and goodness remain constant. We have a choice – to trust in our temporal circumstances or in an unchanging God who holds all things together.

1 Timothy 6:6-10 emphasises that true gain is not found in wealth but in godliness with contentment - we brought nothing into the world; we can take nothing out (1 Timothy 6:7). Pursuing riches can never truly satisfy but only God can (Hebrews 13:5). We need to pursue God, not riches (Matthew 6:33).

### **Application Questions**

*Break into smaller groups, share, pray and minister to one another.*

**Q1. Share an area of discontentment. How can you focus on God instead of your circumstance?**

**Q2. Share how you can trust God for His plans for your life?**

### **WORKS (15 minutes)**

Focus on *edification, equipping and evangelism.*

- 1. Build on the momentum of all your outreach efforts** - continue praying for your pre-believing friends and family, connect with them, and invite them to your Cell and our Weekend Services.
- 2. Consolidation of new believers** – Diligently pray for and reach out to your friends and family who have decided to receive Jesus as their Lord and Saviour, guide and help them grow in the faith.

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