

## **4Ws for Week 27, 5 – 11 July 2021**

*(With COVID-19, this 4Ws is to be adapted for use at online meetings.)*

### **WELCOME (15 minutes)**

Choose one of the following icebreakers:

*(If you have first-time guests, begin with a round of introduction and warmly welcome the new visitors.)*

#### **1. Ten Things in Common**

You can either do this as a big group or divide your cell into smaller groups. As a group, come up with a list of 10 things that everyone has in common e.g. – we are all wearing shoes, own a MacBook, etc.; or another variation is to find 10 items that everyone has in their immediate area – we are all sitting on a chair, we all have a notepad, etc.

#### **2. Answer the Question**

Cell Leader or host can use the YouTube dice (see link for the dice) to decide which question each member is supposed to answer – <https://youtube.com/watch?v=9L-VhUmir-A&feature=share>

Below are the questions. You can change the question/s to suit your group dynamics.

1. What is your favourite hawker centre food?
2. What is one thing that you have done that you would love to do again?
3. Where is your favourite destination?
4. If you could have one superpower what would it be?
5. What is your biggest fear?
6. If you won a million dollars what is the first thing you would buy?

#### **Transition to Worship:**

*Dear Lord, into your presence we come! You are God of Grace and Peace; who was, and is and ever shall be the eternal One. Lord, into your fellowship we come, bind us together in the love that you died and rose again for us. Be in our presence as we worship you in truth and in spirit. Amen!*

### **WORSHIP (20 minutes)**

You may use the following worship songs:

1. Here I Am To Worship (D)
2. Sola Christos (G)

Let us pause to wait upon the Lord for the ministry of the Holy Spirit. We would like to encourage everyone to exercise the gifts of the Holy Spirit – if you have a word, a vision, tongues and interpretation of tongues – release it to minister to each other.

#### **Transition to Word:**

*May God's Word be in our hearts. May God's Word be on our lips. May God's Word be in our touch. And may God's Word direct our feet. On this day and all our days to come, may God's Word be the life we live. Help us, Holy Spirit, to be transformed by God's word in Jesus' name, Amen!*

### **WORD (45 minutes)**

## Memory verse of the week: Exodus 35:21

“And everyone who was willing and whose heart moved them came and brought an offering to the LORD for the work on the tent of meeting, for all its service, and for the sacred garments.”

**Sermon Title: Heart Issues**

**By Senior Pastor Daniel Khong**

**on 3-4 Jul 2021**

### Scripture Passages:

#### Matthew 15:18-19 (NIVUK)

<sup>18</sup> But the things that come out of a person’s mouth come from the heart, and these defile them. <sup>19</sup> For out of the heart come evil thoughts– murder, adultery, sexual immorality, theft, false testimony, slander.

#### Acts 13:22 (NIVUK)

<sup>22</sup> ...God testified concerning him: “I have found David son of Jesse, a man after my own heart; he will do everything I want him to do.”

### Introduction

Last weekend, we started a new sermon series on the condition of our hearts. The heart is very important for the function of life, both physical and non-physical. Aspects like our thoughts, dreams, emotions, and desires are connected with the heart. One common ideology in the world today is to follow one’s heart to find true happiness. When it comes to the Christian life, however, this is not only bad advice, but also one of the most deceptive ideology that is contrary to the Christian faith. This is because God’s word tells us that our hearts are evil, and God has constantly warned us that our hearts are inclined towards evil.

The key then is not to follow our own hearts but God’s heart. We do not go with what we feel, as feelings do not represent reality. And feelings are not always accurate. Feelings can blind us and cloud our judgement. Thus, we need to know the issues of our hearts so that we can monitor, take extra care in order to guard our hearts against sin and not be controlled by it.

The 2 hard truths about our hearts are:

1. Our Hearts are DECEITFUL
2. Our Hearts are DIVIDED

However, our God is ever-eager and ever-ready to show us His grace and love. So, even as:

1. Our Hearts are DECEITFUL, But God’s Heart is FAITHFUL
2. Our Hearts are DIVIDED, But God’s Heart is FOR YOU

### Discovery and Understanding Questions:

#### **Q1. What is the world’s view on the heart compared to the biblical view?**

**A1.** The world’s ideology is to follow and listen to one’s heart to obtain happiness. It is contrary to the biblical view which warns us that our heart is evil. God constantly warns us that our hearts are inclined to evil and we are not to follow or listen to it. The key to life is not to follow our hearts but God’s heart.

### **Matthew 15:18-19 (NIVUK)**

<sup>18</sup> But the things that come out of a person's mouth come from the heart, and these defile them. <sup>19</sup> For out of the heart come evil thoughts—murder, adultery, sexual immorality, theft, false testimony, slander.

### **Acts 13:22 (NIVUK)**

<sup>22</sup> ...God testified concerning him: "I have found David son of Jesse, a man after my own heart; he will do everything I want him to do."

**Q2. What are the two hard truths about our hearts that we need to be aware of so that we can monitor and take extra care of it?**

**A2.** The two hard truths are that:

1. Our Hearts are Deceitful
2. Our Hearts are Divided

### **Jeremiah 17:9 (NIVUK)**

<sup>9</sup> The heart is deceitful above all things and beyond cure. Who can understand it?

### **Matthew 15:7-9 (NIVUK)**

<sup>7</sup> You hypocrites! Isaiah was right when he prophesied about you: <sup>8</sup> "These people honour me with their lips, but their hearts are far from me. <sup>9</sup> They worship me in vain; their teachings are merely human rules.

### **Application Questions**

Break into smaller groups, share, pray and minister to one another.

**Q1. Heart Check – check and share the areas in your life that is affected due to your deceitful heart or divided heart.**

**Q2. Share how you can work towards following God's heart for your life. Spend some time praying for each other.**

### **Transition to Works:**

*Dear Lord, let us be sensitive to the leading of the Holy Spirit for your work and the extension of your Kingdom on earth. And let us follow your heart and not be controlled by our own hearts and feelings. In Jesus' name, Amen!*

### **WORKS (15 minutes)**

#### **1. Focus on CG Outreach**

The focus of CG meetings is *edification, equipping* and *evangelism*. In each CG meeting, spend some time to encourage your members to do personal outreach right where they are. Give some time each week during the WORKS portion for them to share their outreach efforts.

Plan regular (monthly or quarterly CG outreach, either as a whole CG or in separate groups) into your CG roster, using the existing COVID-19 guidelines to plan your activities/programmes.

The next XFXZ will be in September. Use the CG time to prepare your members and get their buy-in to conducting a XFXZ cell the next round.

## **2. Prayer over the COVID-19 situation**

Consecrate some time each CG meeting to be praying for the situation; and to remain connected with one another.

## **3. Consolidation of Visitors/New Converts from your outreach**

Assimilate them! Let them experience a sense of belonging in our faith community! Connect with them via phone calls; introduce them to cell members via WhatsApp and invite them to join in our livestream services and your online cell group meetings.

## **4. Continue to Connect**

### **a. With cell group members**

1. Hold your cell members accountable to watch the Livestream Service.
2. Stay connected with members via:
  - a. Synchronize prayer times
  - b. Share devotional thoughts through WhatsApp. Encourage your members to share their Quiet Time Reflections in your cell group chat.
  - c. Create a cell group hashtag - Post uplifting messages, sermon videos and notes, or even bookmark pretty verse images by leaving these in your cell group hashtag as a comment.
  - d. Video call each other
3. Continue with your cell group meetings online. Ensure that none of your members fall through the cracks. Continue to monitor the attendance of your online meetings.

### **b. With Potential BESTs / Pre-Believers**

1. Evangelism need not take a back seat with livestreaming. Invite pre-believing friends/Bests/3x3 contacts (depending on their comfort level) to join you in watching our livestream service. Connect online with them and spur other members to do so.
2. When the salvation altar call is made during livestreaming, a Response Form link will be screened over the livestream for those who have responded or want to respond, to fill in. The livestream links are:

- For English -- [www.fcbc.org.sg/connectwithus](http://www.fcbc.org.sg/connectwithus)
- For Chinese -- [www.fcbc.org.sg/zh/connectwithus](http://www.fcbc.org.sg/zh/connectwithus)

Get your pre-believing contacts to fill up the Response Form or you can help them fill it up. When filling up the Form, try to provide as much of the information needed as possible, and do so immediately after the livestream service.

## **5. 3x3 Prayer**

Ask the Holy Spirit to reveal the strongholds that bind the people in captivity. Ask Him to set up divine appointments for you to minister His power over them (words of knowledge, healing, helps, etc.). Pray for one another to have boldness, courage and obedience to follow through.

## **6. Announcements**

- We have resumed on-site English and Chinese Services at Touch Centre. For more information, please visit <https://fcbc.org.sg/serviceresumption>.

- English, Chinese, and Hokkien Services will continue to be streamed at their regular service timings on our YouTube channel (<https://www.youtube.com/user/FCBCsg>)
- In-person cell meetings and gatherings may resume for up to 5 persons.
- Our advisories on weddings and funerals have been updated in our website.

For more announcements, please visit [www.fcbc.org.sg/announcements](http://www.fcbc.org.sg/announcements) or our social media platforms – we can be found on Facebook and Instagram@fbcsg.