

4Ws for Week 32, 03 – 09 Aug 2020

(With COVID-19, this 4Ws is to be adapted for use at online meetings.)

WELCOME (15 minutes)

Choose one of the following icebreakers:

(If you have first-time guests, begin with a round of introduction and warmly welcome the new visitors.)

1. Triangle or Square, and The Flail

This is an exercise game for warm up before you start your cell meeting. The first one is to draw triangle and square with your fingers. Once your group has succeeded and has more time you can go to the next one which is a body exercise.

Here's the YouTube link for both exercises: <https://www.youtube.com/watch?v=BBTQvMXFb7s>

- Triangle or Square (play video from 3:17 to 4:27)
- The Flail (play video from 4:28 to 5:35)

2. Not the same

The leader says a category, e.g. colour, countries, types of weather, things you find in a church, books of the Bible etc. One person is chosen (player 1), they think of something within that category and write it down. Then go around the group and each person can make a guess, trying to guess what player 1 has written down. If they guess it correctly then they get a point, but player 1 gets a point every time someone guesses incorrectly.

Here's a slightly different version of the above. The leader gives the group 3 categories, and then announces a letter of the alphabet. Give the group a specific amount of time, for example 2 minutes. In that time, they need to write down 3 answers under each category that all begin with the letter that was announced. The aim of the game is get answers that no one else writes down. When the time has elapsed, go around the group asking them to read out their answers a category at a time. If somebody else has also written down their answer then everyone who has that answer has to cross it off their list. By the end only unique answers will remain on people's lists. Everyone gets a point for each unique answer.

Transition to Worship:

Praise God for the fun game and laughter. Let us continue to be in a joyful mood knowing that our faith and trust is in the Lord who is with us! Let us spend a minute or two thanking God for all the good things He has done in our lives. Praise the Lord, let us praise Him with our voices for His amazing grace.

WORSHIP (20 minutes)

You may use the following suggested worship songs:

1. This Is Amazing Grace (D)
2. Still (G)
3. The Blessing (C)

Let us pause to wait upon the Lord for the ministry of the Holy Spirit. We would like to encourage everyone to exercise the gifts of the Holy Spirit – if you have a word, a vision, tongues and interpretation of tongues – release it to minister to each other.

Transition to Word:

Thank You, Lord for the blessings, the peace that You have given to us. We receive it in Jesus name! May You, O Lord not turn Your face away from us and be gracious towards us. May Your favour be

upon us for generations to come and may You continue to bless this nation as we celebrate 55 years of nation building. In Jesus' name we pray, Amen.

WORD (45 minutes)

Memory verse of the week: Romans 8:1-2

¹ Therefore, there is now no condemnation for those who are in Christ Jesus, ² because through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death.

Sermon Title: Cultivating Authenticity

By Senior Pastor Daniel Khong

on 01 & 02 Aug 2020

Scripture Passage: 1 Corinthians 15:9-10 (NKJV)

⁹ For I am the least of the apostles, who am not worthy to be called an apostle, because I persecuted the church of God. ¹⁰ But by the grace of God I am what I am, and His grace toward me was not in vain; but I labored more abundantly than they all, yet not I, but the grace of God which was with me.

Introduction

As we talk about community there is a need to know what kind of a community we want to create. Authenticity is something that everybody wants. Everybody wants authentic things and love to meet authentic people. We want what's real. Sometimes the more we try and be something else, the more we lose ourselves. The less authentic we are, the less we know who we are. Everyone long to be real and to be authentic. As we desire to find ourselves we can be lost at times because we are busy letting the world define ourselves.

The world would say that authenticity is found by looking into ourselves, but as believers we know that authenticity is found by living in Christ. Authenticity isn't commanded. It is cultivated. We need to cultivate a culture of authenticity as a community. In the wrong culture, authenticity dies.

The ingredients that cultivate authenticity are:-

1. Vulnerability and Safety
2. Accountability and Trust
3. Humility and Love

Discovery and Understanding Questions:

Q1. How does the world say we can find authenticity as compared to where believers should find that authenticity?

A1. The world would say that authenticity is found by looking into ourselves, but authenticity is found by living in Christ. As the heart of man is deceitful and we cannot look at ourselves except through the transforming grace of God so that we can be real in our talk and walk.

Jeremiah 17:9 (NIVUK)

⁹ The heart is deceitful above all things and beyond cure.
Who can understand it?

Psalms 139:23-24 (NIVUK)

²³ Search me, God, and know my heart; test me and know my anxious thoughts. ²⁴ See if there is any offensive way in me, and lead me in the way everlasting.

Q2. What can we do to have authenticity in our community?

A2. To have authenticity in our community, we need to cultivate a right culture for authenticity. In the wrong culture, authenticity dies.

Thus, the three ingredients we need to cultivate authenticity are:

1. Vulnerability and Safety
2. Accountability and Trust
3. Humility and love

James 5:13-16 (NIVUK)

¹⁶Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.

Proverbs 3:5 (NKJV)

⁵Trust in the Lord with all your heart, and lean not on your own understanding;

1 Peter 5:5-6 (NIVUK)

⁵In the same way, you who are younger, submit yourselves to your elders. All of you, clothe yourselves with humility towards one another, because, 'God opposes the proud but shows favour to the humble.'

⁶Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time.

Application Questions

Break into smaller groups, share, pray and minister to one another.

Q1. This is a good time to be honest, to ask, and to check ourselves to see if we are authentic. Do you think your talk and your walk is the same? Ask the Lord to transform us to be real and not hide behind facades.

Q2. How can we as a cell cultivate an authentic community? What are the ingredients that are lacking? List down, discuss and take actions this week to make our cell an authentic community where there is: Vulnerability because it is safe; Accountability because there is trust, and finally, Humility because of the presence of love.

Transition to Works:

Let's remind one another to be proactive and deliberate in showing love to the prebelievers in our midst, and as a result, be a Good Neighbour!

WORKS (15 minutes)

1. Continue to Connect

a) With cell group members

1. Hold your cell members accountable to watch the Livestream Service or download the message to listen later.
2. Seek ways and means to stay connected with each other, especially those who've been impacted by COVID-19's post circuit breaker. For example:
 - a. Synchronize prayer times.
 - b. Share devotional thoughts through WhatsApp. Encourage your members to post their Quite Time Reflections in your cell group chat.
 - c. Create a cell group hashtag - Post uplifting messages, sermon videos and notes, or even bookmark pretty verse images that you like on Instagram by leaving these in

your cell group hashtag as a comment. Everything that has been tagged with your cell group hashtag will be available for the entire group to see!

d. Video call each other.

3. Continue with your cell group meetings online. Ensure that none of your members fall through the cracks. Continue to monitor the attendance of your online meetings.

b) With Potential BESTs / Pre-Believers

1. Evangelism need not take a back seat with livestreaming or COVID-19. Invite pre-believing friends/Bests/3x3 contacts (depending on their comfort level) to join you in watching our livestream service. Connect online with them and spur other members to do so.

2. When the salvation altar call is made during livestreaming, a Response Form link will be screened over the livestream for those who have responded or want to respond, to fill in.

The livestream links are:

- For English -- www.fcbc.org.sg/connectwithus
- For Chinese -- www.fcbc.org.sg/zh/connectwithus

Encourage your pre-believing contacts to fill up the Response Form or you can help them fill it up. When filling up the Form, try to provide as much of the information needed as possible, and do so immediately after the livestream service.

2. 3x3 Prayer

Ask the Holy Spirit to reveal the strongholds that bind the people. Ask Him to set up divine appointments for us to minister His power over them (words of knowledge, healing, helps, etc.). Pray for one another to have boldness, courage and obedience to follow through.

3. Consolidation of New Converts

Assimilate them! Let them have a sense of belonging with our faith community! Connect with them via phone calls; introduce them to cell members via WhatsApp and invite them to join in our livestream services and your online cell group meetings.

Announcements:

For more latest announcements, please visit www.fcbc.org.sg/announcements or our social media platforms – we can be found on Facebook and Instagram @fbcscg.