

# K1-K2 Social Emotional Learning Programme (SEL)

**Theme: Acceptance**

**Lesson 1: God Accepts Me And I Can Accept Myself  
(18 & 19 Oct 2014)**

Dear Parents / Guardians

We are pleased to launch the Social Emotional Learning Programme for our K1-K2 children. In this 4 week programme, we will cover the following topics:

- Oct 18/19: God accepts me and I can accept myself
- Oct 25/26: I can accept my family, including extended family
- Nov 1/2: I can accept my friends, but not their wrong behaviours
- Nov 8/9: I can accept the differences in others, but not their wrong behaviours

This programme will be conducted through story telling, interactive videos, music and craft activities which appeal to children of different learning styles (Auditory, Visual, Kinesthetic), and encourage the development of multiple intelligence (Linguistic, Logical-mathematical, Visual, Bodily-kinesthetic, Musical, Interpersonal, Intrapersonal). It also consists of Take Home Activities for you to do with your child. This will deepen your child's understanding and strengthen your family bond.

From this Take Home Summary, you will know what your child has learnt in GKidz. Please follow up and reinforce the positive behaviour at home. This in turn, will help them develop social resilience and positive social skills because learning is most effective when children apply what they have learnt into their real life situations.

Ps Sor Kim  
GKidz Pastor

# Lesson 1: God Accepts Me And I Can Accept Myself



## Memory Verse:

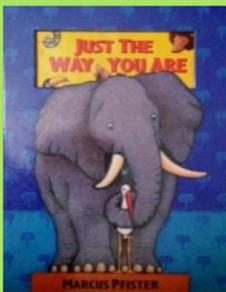
"How You made me is amazing and wonderful. I praise You for that."

Psalm 139:14a (NIRV)

## Objective:

Children will learn that God has created and accepted them for who they are. They can accept themselves (proud of themselves) as God's precious and wonderful children.

## Story: Just The Way You Are



## Learning Point:

Children will learn to accept themselves just the way they are, and know that they are all specially and uniquely made.

## Synopsis:

All the animals are tired of their own appearances and want to be like the other animals. However, in the end, the animals agree that they like themselves just the way they are. They also accept and appreciate their own appearances.

# Video: I Am Specially Made By God



## Synopsis:

Ms Rainbow will bring the children to travel with her on her Rainbow Mat to watch how a baby is being developed in his / her mother's womb.

## Learning Point:

Children will know that they are wonderfully and fearfully made and loved by God. They will also know that children are precious special gifts from God to their parents.



Music:



My Body Is Great

## Learning Point:

Children will be able to move their different body parts to picture clues and rhythm. They will be proud of themselves being able to do this, and thank God for creating them as who they are.



## Craft: My Story Booklet

### Learning Point:

Children will be able to understand that God has made them in their mother's womb and they can use their fully grown body parts to do different things. God has also written their life stories in His book. What they will do in the future are already written even before they were born.

## Take Home Activity: I Am Specially Made By God

### Learning Point:

Children will experience the process of thinking, planning and the emotional attachment of how they are like. This process will teach our children how God feels when He created us in our mother's womb. God accepts and treasures us, so we must accept and treasure ourselves.



### How To Do:

Children will make 'themselves' using playdough or clay. They have to be very focused and think through the details during the process of making 'themselves', eg. the length of their hair, the shape of their nose, etc. Just as the children will put in a lot of thoughts in making themselves with dough and treasure their creation, God has put in much more effort to show how much He treasures and accepts the children too.