



SELF-DISCIPLINE

Memory Verse - Galatians 6:9 (NIV)

Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.



	October 24/25	October 31/ November 1	November 7/8	November 14/15
Main Point	I will follow instructions, even when I don't feel like it	I will be like a soldier – I will concentrate on my work and not be lazy	I will be like an athlete – I will do a job well and according to the rules	I will be like a farmer – I will persevere and finish my projects
Bible Story	Samuel rebukes Saul for disobeying because of fear	The ant and the sluggard	Train hard and run in a way to win the prize	Running our race with perseverance
Bible Passage	1 Samuel 13:1-15	Proverbs 6:6-11 2 Timothy 2:4	1 Corinthians 9:24-27 2 Timothy 2:5	Hebrews 12:1-3 2 Timothy 2:6
Family Altar Time Ideas & Conversation Starters	Parents – share about an instruction that you often don't feel like following, and how you overcome and still obey.	What are some of the distractions that keep your family from focusing on each other during meal time?	Play a sport or a game together. Discuss – why are rules or following instructions important?	Grow in perseverance together - go for a perseverance walk/ run or do a challenging jigsaw puzzle as a family