

R is for Ruth



STICKY LOYALTY

Do a role play with your child. Parents, you will pretend to be your child's good friend. You could even wear a name tag with their good friend's name.

Write different "tough times" that friends could face - e.g., your good friend dropped their food on the floor; your good friend fell down; or your good friend played with other friends in the class - on pieces of paper. Place these on the floor.

Hold hands with them, and keep holding hands as you walk through the different pretend situations. Holding hands represents sticking by your friend and being loyal to them in all situations.

Pray for your child to be a good friend who is loyal to their good friends.

Parents, assure your children that you will always be loyal to them, no matter what, even when they have nothing to offer to you. Tell them that you will be there to cheer them on, and help them when they mess up or make mistakes.

**I WILL BE
LOYAL TO YOU**



ALL KINDS OF KINDNESS CRAFT



Think of at least 8 different ways to be kind to your family and friends. For example, share some food, give encouragement when they need it, be patient when they are learning a new game. If you need ideas, check out this link - <https://www.coffeecupsandcrayons.com/100-acts-of-kindness-kids/>



Make a simple origami chatterbox and write these 8 acts of kindness inside! Open and close the chatterbox as you spell out your child's name, then choose a picture on the flap, and lift the flap to reveal what act of kindness they could try this week!

